

Country Life's Food Based Multivitamin and Mineral Complex is a combination of 12 vitamins and 9 minerals with added decaffeinated green tea extract and lycopene. The unique liquid base includes a flavorful combination of Aloe Vera plus Mangosteen and Noni juices.

The Aloe Vera material used guarantees 11.5 mg of polysaccharides per serving.

Mangosteen is a fruit common to Southeast Asia that naturally includes an antioxidant component called xanthones.*** Xanthones have been studied for their ability to offer beneficial antioxidant support to the body.***

Noni is a fruit common to French Polynesian cultures such as Tahiti. Noni is naturally high in minerals such as magnesium and calcium. It also contains vitamin C and niacin.

Country Life's Food Based Liquid Multi is more than just a multivitamin. It's a delicious, nutritious combination of juices infused with vitamins, minerals and more!***

† Country Life always labels minerals in elemental weight.

Color variations in product due to natural fruit concentrate.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

See bottle for "Lot No." and "Best By" date.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Shake well before use. Refrigerate after opening.

ACTValue® and Qmatrix® are registered trademarks of AloeCorp, Inc.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



- YES GLUTEN-FREE
- YES CERTIFIED VEGETARIAN BY THE AVA
- YES RECYCLABLE PACKAGING
- YES MANUFACTURING SUPPORTS WIND POWER
- NO YEAST OR WHEAT
- NO MILK OR SOY
- NO ARTIFICIAL COLORS
- NO ARTIFICIAL FLAVORS
- NO ARTIFICIAL SWEETENERS

ESTABLISHED
— 1971 —
**Country
Life**

• Food Based •

MULTIVITAMIN & MINERAL COMPLEX

With Other Natural Flavors

Gluten-Free

▶ A Blend of Aloe Vera and Mangosteen and Noni Juices

• • • • •
**NATURAL MANGO
FLAVOR**



Directions: Adults, take one cap (1 fl. oz.) (29.5 mL) once or twice daily with food for best absorption. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 fl. oz. (29.5 mL)
Servings Per Container 32

Amount Per Serving		% Daily Value
Calories	40	
Total Carbohydrate	10 g	3%*
Sugars	3 g	**
Other Carbohydrate	7 g	**
Vitamin A (as retinyl palmitate & 50% as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid, noni fruit juice concentrate)	500 mg	833%
Vitamin D (D3 as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	60 IU	200%
Thiamin (vitamin B1) (as thiamin hydrochloride)	25 mg	1,667%
Riboflavin (vitamin B2)	25 mg	1,471%
Niacin (as niacinamide, noni fruit juice concentrate)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,250%
Folic Acid (as folate)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	60 mcg	1,000%
Biotin (as D-Biotin)	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate)	25 mg	250%
Calcium (as calcium lactate gluconate, noni fruit juice concentrate) †	50 mg	5%
Iodine (as potassium iodide) †	150 mcg	100%
Magnesium (as magnesium gluconate, noni fruit juice concentrate) †	50 mg	13%
Zinc (as zinc gluconate) †	15 mg	100%
Selenium (as L-selenomethionine) †	200 mcg	286%
Copper (as copper gluconate) †	2 mg	100%
Manganese (as manganese gluconate) †	10 mg	500%
Chromium (as chromium amino acid chelate) †	120 mcg	100%
Molybdenum (as sodium molybdenate) †	77 mcg	103%
Proprietary Juice Blend providing:	25,000 mg (25 g)	
Organic Aloe Vera (ACTValue®) (inner fillet, leaf) (11.5 mg polysaccharides)		**
Mangosteen fruit juice concentrate		**
Noni fruit juice concentrate		**
Inositol	25 mg	**
Choline (as choline bitartrate)	25 mg	**
alpha-Lipoic Acid	10 mg	**
Decaffeinated Green Tea Extract (leaf)	10 mg	**
Citrus Bioflavonoids (from lemon, orange, and grapefruit) (pulp, peel, seed)	10 mg	**
N-Acetyl-L-cysteine	10 mg	**
Lycopene	1 mg	**
Boron (as boron amino acid complex) †	1 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Purified water, natural vegetable glycerin, natural flavors, gum arabic, xanthan gum, sodium benzoate (preservative), potassium sorbate (preservative).

Dietary Supplement
32 FL. OZ. (1 QT.) (944 mL)

LIQUID

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 8001
PRODUCT OF USA