

**MET-Rx® Ultramyosyn® Whey Isolate**

**Pre & Post Workout**

For maximum muscle support, consume 1-2 scoops immediately after exercise.\*

MET-Rx® Ultramyosyn® Whey Isolate is an ultra premium protein designed to provide maximum support for lean mass, strength and exercise recovery.\* Ultramyosyn® Whey Isolate contains protein that is processed using microfiltration to ensure an isolated whey that contains a high protein % with minimal lactose and fat. These isolation processes separate the valuable protein from non-protein materials yielding a highly-purified whey isolate.

MET-Rx® Ultramyosyn® Whey Isolate provides all of the benefits whey protein is known for and more, by carefully removing the fat and lactose that you don't need while increasing the percentage of aminos as compared to regular whey concentrate.

What makes MET-Rx® Ultramyosyn® Whey Isolate worth it:

- Pure Whey Isolate with just two grams of carbohydrates.
- Over 6 grams of BCAAs from protein
- 99% Lactose Free
- State-of-the-art manufacturing processes are used to retain the active Whey Protein Peptides and Microfractions including Beta-lactoglobulin, Alpha-lactalbumin, Lactoferrin and more – some other whey isolate processing methods remove Glycomacropeptides, which are an important protein component.
- Delivers a high quality Whey Isolate protein with a higher amino acid profile gram for gram than ordinary Whey Concentrate.

Each serving contains over 6 g of the following Branched Chain Amino Acids from protein:

Which typically provides:

- Isoleucine 1.9 g
- Leucine 3.0 g
- Valine 1.7 g

To support mass, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.\*

MET-Rx® Ultramyosyn® Whey Isolate is aspartame free.

**Blender – Simple**

Add one scoop of MET-Rx® Ultramyosyn® Whey Isolate to blender filled with 6-8 ounces of your favorite beverage. Cover and blend for 20-30 seconds. For a delicious smoothie, add peanut butter, fruit, or yogurt along with ice cubes.^^

**Shaker – Simpler**

Fill a shaker bottle with 6-8 ounces of your favorite beverage. Add one scoop of MET-Rx® Ultramyosyn® Whey Isolate. Cover and shake for 25-30 seconds.

**Glass & Spoon – Simplest**

Add one scoop of MET-Rx® Ultramyosyn® Whey Isolate to 6-8 ounces of your favorite beverage. Stir for 20-30 seconds or until completely blended.

^^For Mass Gaining: add higher calorie foods such as peanut butter, 1-2% milk, and fruit juices.

For Dieters: add lower calorie foods such as skim milk, blueberries and raspberries, or just use water.

\*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Contents are sold by weight. Some settling may occur.



**MET-RX**  
CHOCOLATE  
Naturally Flavored

ULTRAMYOSYN®  
**WHEY ISOLATE**

**30G**  
PROTEIN



Features Highly-Purified  
Whey Isolate

Fuels Muscle Recovery  
& Strength\*



130 Calories, 2g Carbs  
& 1g Fat

PROTEIN POWDER

Net Wt. 2 lb. (32 oz.) (907 g)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**Nutrition Facts**

Serving Size 1 Scoop (37g)  
Servings Per Container about 25

Amount Per Serving		Calories from Fat 5
Calories 130	%Daily Value**	
<b>Total Fat 1g</b>		<b>2%</b>
Saturated Fat 0g		<b>0%</b>
Trans Fat 0g		
<b>Cholesterol 5mg</b>		<b>2%</b>
<b>Sodium 95mg</b>		<b>4%</b>
<b>Potassium 240mg</b>		<b>7%</b>
<b>Total Carbohydrate 2g</b>		<b>1%</b>
Dietary Fiber 1g		<b>4%</b>
Sugars 0g		
<b>Protein 30g</b>		<b>60%</b>
Vitamin A 0%	Vitamin C 0%	
Calcium 10%	Iron 4%	
Phosphorus 6%	Magnesium 8%	

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat:	Less than 65g	80g
Sat Fat:	Less than 30g	25g
Cholesterol:	Less than 300mg	300mg
Sodium:	Less than 2,400mg	2,400mg
Potassium:	3,500mg	3,500mg
Total Carbohydrate:	300g	375g
Dietary Fiber:	25g	30g
Protein:	50g	60g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Isolate, Cocoa (processed with alkali), Natural Flavors, Soy Lecithin, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan, Dextrin.

Contains milk and soy ingredients.

Partially Produced with Genetic Engineering

**Directions:** Take one (1) scoop (37 g), one to two times daily. Serious athletes should consume 1-2 scoops twice per day for maximum muscle support, with at least 1-2 scoops taken immediately after exercise.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

**TYPICAL AMINO ACID PROFILE**

(milligrams per 37 g scoop\*\*\*\*)

Essential Amino Acids	Nonessential Amino Acids
Histidine 558 mg	Alanine 1,456 mg
Isoleucine 1,966 mg	Arginine 636 mg
Leucine 3,059 mg	Aspartic Acid 3,274 mg
Lysine 2,393 mg	Cysteine 740 mg
Methionine 602 mg	Glutamic Acid 5,205 mg
Phenylalanine 866 mg	Glycine 487 mg
Threonine 2,184 mg	Proline 2,133 mg
Tryptophan*** 521 mg	Serine 1,462 mg
Valine 1,738 mg	Tyrosine 886 mg

\*\*\*L-Tryptophan is naturally occurring, not added.  
\*\*\*\*approximate values



Manufactured in the USA with select ingredients from around the world for MET-Rx Nutrition, Inc. Boca Raton, FL 33487  
©2016 Questions? Call toll free 1-800-95-MET-Rx  
To learn more, please go to [www.MET-Rx.com](http://www.MET-Rx.com)



01/16/16 06