

MET-Rx® Ultramysyn® Whey Isolate

Pre & Post Workout

For maximum muscle support, consume 1-2 scoops immediately after exercise.*

MET-Rx® Ultramysyn® Whey Isolate is an ultra premium protein designed to provide maximum support for lean mass, strength and exercise recovery.* Ultramysyn® Whey Isolate contains protein that is processed using microfiltration to ensure an isolated whey that contains a high protein % with minimal lactose and fat. These isolation processes separate the valuable protein from non-protein materials yielding a highly-purified whey isolate.

MET-Rx® Ultramysyn® Whey Isolate provides all of the benefits whey protein is known for and more, by carefully removing more of the fat and lactose that you don't need while increasing the percentage of aminos as compared to regular whey concentrate.

What makes MET-Rx® Ultramysyn® Whey Isolate worth it:

- Pure Whey Isolate with just two grams of carbohydrates.
- Over 6 grams of BCAAs from protein
- 95% Lactose Free
- State-of-the-art manufacturing processes are used to retain the active Whey Protein Peptides and Microfractions including Beta-lactoglobulin, Alpha-lactalbumin, Lactoferrin and more – some other whey isolate processing methods remove Glycomacropeptides, which are an important protein component.
- Delivers a high quality Whey Isolate protein with a higher amino acid profile gram for gram than ordinary Whey Concentrate.

Each serving contains over 6 g of the following Branched Chain Amino Acids from protein:

Which typically provides:

- Isoleucine 1.6 g
- Leucine 3.1 g
- Valine 1.6 g

To support mass, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.*

MET-Rx® Ultramysyn® Whey Isolate is aspartame free.

Blender – Simple

Add one scoop of MET-Rx® Ultramysyn® Whey Isolate to blender filled with 6-8 ounces of your favorite beverage. Cover and blend for 20-30 seconds. For a delicious smoothie, add peanut butter, fruit, or yogurt along with ice cubes.**

Shaker – Simpler

Fill a shaker bottle with 6-8 ounces of your favorite beverage. Add one scoop of MET-Rx® Ultramysyn® Whey Isolate. Cover and shake for 25-30 seconds.

Glass & Spoon – Simplest

Add one scoop of MET-Rx® Ultramysyn® Whey Isolate to 6-8 ounces of your favorite beverage. Stir for 20-30 seconds or until completely blended.

**For Mass Gaining: add higher calorie foods such as peanut butter, 1-2% milk, and fruit juices.

For Dieters: add lower calorie foods such as skim milk, blueberries and raspberries, or just use water.

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Contents are sold by weight. Some settling may occur.



**ULTRAMYOSYN®
WHEY ISOLATE**

PROTEIN POWDER
Net Wt. 2 lb. (32 oz.) (907 g)

30G
PROTEIN



Features Highly-Purified
Whey Isolate

Fuels Muscle Recovery
& Strength*



140 Calories, 2g Carbs
& 1.5g Fat

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Nutrition Facts

Serving Size 1 Scoop (36g)
Servings Per Container about 25

Amount Per Serving		Calories from Fat 15	
Calories 140		%Daily Value**	
Total Fat 1.5g			2%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 20mg			7%
Sodium 135mg			6%
Potassium 130mg			4%
Total Carbohydrate 2g			1%
Dietary Fiber 0g			0%
Sugars 2g			
Protein 30g			60%
Vitamin A 0%		Vitamin C 0%	
Calcium 10%		Iron 0%	
Phosphorus 8%		Magnesium 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 25g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	55g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Isolate, Sunflower Lecithin, Natural and Artificial Flavors, Cellulose Gum, Xanthan Gum, Acesulfame Potassium, Sucralose, Carrageenan, Dextrin.

Contains milk ingredients.

Directions: For adults, take one (1) scoop (36 g) one to two times daily. Serious athletes should consume 1-2 scoops twice per day for maximum support, with at least 1-2 scoops taken immediately after exercise.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

TYPICAL AMINO ACID PROFILE

(milligrams per 36 g scoop****)

Essential Amino Acids		Nonessential Amino Acids	
Histidine	518 mg	Alanine	1,453 mg
Isoleucine	1,686 mg	Arginine	806 mg
Leucine	3,143 mg	Aspartic Acid	3,056 mg
Lysine	2,759 mg	Cysteine	612 mg
Methionine	666 mg	Glutamic Acid	5,174 mg
Phenylalanine	912 mg	Glycine	533 mg
Threonine	2,021 mg	Proline	1,685 mg
Tryptophan***	486 mg	Serine	1,505 mg
Valine	1,699 mg	Tyrosine	846 mg

***-Tryptophan is naturally occurring, not added.
****approximate values



Manufactured in the USA, with select ingredients from around the world for MET-Rx Nutrition, Inc. Boca Raton, FL 33487
©2016 Questions? Call toll free 1-800-65-MET-Rx
To learn more, please go to www.MET-Rx.com

