

Recommendation: Take 4 tablets daily, preferably with food. For best results, take 2 tablets twice daily with food. Do not exceed recommended dose.

Caution: Consult a healthcare professional before using this product if you have a kidney disorder, hypercalcemia, hypercalciuria, are taking Coumadin® (warfarin) or any medications, or are pregnant or nursing.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / naturesway.com
Aquamin® is a registered trademark of Marigot Limited.

†Trademark of its respective company.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LN15838.A02 BLK8768A

GLUTEN FREE. No sugar, yeast, wheat, dairy products, artificial colors, flavors or preservatives.



Alive!

Calcium

Bone Formula

MAX ABSORPTION

60 TABLETS • Dietary Supplement

Plant Source Calcium

Alive!® Calcium is derived from *Lithothamnion* (calcified red algae seaweed sustainably harvested from pristine kelpandic waters), kale, spinach and collard greens.



Easy to Digest & Utilize

While many calcium supplements are sourced from limestone rock or animal bones, Alive! Calcium provides calcium and trace minerals that may be easier for the body to digest, absorb and utilize.

Fast Dissolving

Alive! Calcium tablets dissolve quickly to help ensure a maximum level of nutrients are available for absorption.

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Promotes Healthy Bones*

Adequate calcium intake throughout life, as part of a well-balanced diet and regular exercise, may **reduce the risk of osteoporosis.** Alive!® plant source calcium provides **1,000 mg of calcium** per serving (100% DV), vitamin C, vitamin D3, vitamin K2, magnesium and supportive minerals.

MAX Absorption

Vitamin D3 enhances calcium absorption and utilization.*

Bone Density*

Magnesium and vitamin C help maintain bone density.*



Gets to Bones, Not Arteries

Vitamin K2 (MK-7) directs calcium to the bones where it's needed most, and away from arteries.*

Additional Minerals

Srtrontium and boron assist calcium in promoting healthy bones.*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium
Formula



Alive!

Calcium

Bone Formula

MAX ABSORPTION

**1,000 mg
PLANT SOURCE
CALCIUM**

PER SERVING

with Vitamin C • Vitamin D3
Vitamin K2 • Magnesium
Synergistic Minerals

60 TABLETS • Dietary Supplement

Supplement Facts

Serving Size 4 Tablets		
Servings Per Container 15		
Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	2%†
Vitamin C	60 mg	100%
(from Organic Acerola [fruit], Organic Lyrium [goji] [fruit], Organic Kiwi [fruit], Organic Amla [fruit])		
Vitamin D3	2,000 IU	500%
(as cholecalciferol)		
Vitamin K2	100 mcg	125%
(menaquinone-7) from Natto (fermented soybean extract)		
Calcium (from Aquamin® 1 g	100%	
calcified mineral source Red Algae Lithothamnion sp. [whole plant], Organic Kale [leaf], Organic Collard Greens [leaf], Organic Spinach [leaf])		

Other ingredients: cellulose, stearic acid, sodium croscarmellose, citric acid, sodium bicarbonate, hypromellose, silica, glycerin
Contains soy.

Amount Per Serving % DV

Magnesium	500 mg	125%
(as magnesium citrate, magnesium oxide and from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])		
Sodium	35 mg	1%
Srtrontium (from Aquamin® 7 mg	**	
calcified mineral source Red Algae Lithothamnion sp. [whole plant])		
Boron (from Aquamin® 132 mcg	**	
calcified mineral source Red Algae Lithothamnion sp. [whole plant])		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

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Calories	5	
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	2%†
Vitamin C (from Organic Acerola [fruit], Organic Lyrium [goji] [fruit], Organic Kiwi [fruit], Organic Amla [fruit])	60 mg	100%
Vitamin D3 (as cholecalciferol)	2,000 IU	500%
Vitamin K2 (menaquinone-7) from Natto (fermented soybean extract)	100 mcg	125%
Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant], Organic Kale [leaf], Organic Collard Greens [leaf], Organic Spinach [leaf])	1 g	100%
Magnesium (as magnesium citrate, magnesium oxide and from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])	500 mg	125%
Sodium	35 mg	1%
Srtrontium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])	7 mg	**
Boron (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. [whole plant])	132 mcg	**

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