

PRE-WORKOUT

FOR BEST RESULTS, TAKE 1 TABLESPOON ONCE A DAY WITH A MEAL.

MET-Rx® LIQUID L-CARNITINE

WE TOOK OUR POPULAR LIQUID L-CARNITINE AND DOUBLED ITS POTENCY TO CREATE A POWERFUL SINGLE TABLESPOON SERVING. THIS MAXIMUM STRENGTH L-CARNITINE 3000 IS PERFECT FOR RUNNERS, WEIGHTLIFTERS, ATHLETES AND ANYONE TRYING TO REACH THEIR TOUGHEST FITNESS GOALS.

CARNITINE HELPS THE BODY CONVERT FOOD TO ENERGY — PROVIDING SUPPORT FOR ENDURANCE EXERCISE (AEROBIC) AND DURING RECOVERY FROM HIGH INTENSITY ACTIVITIES SUCH AS WEIGHTLIFTING AND SPRINTING (ANAEROBIC).^{*} SUPPLEMENTING WITH OUR FAST-ACTING LIQUID FORMULA HELPS TO MAXIMIZE MUSCLE CARNITINE CONCENTRATIONS AT THE GYM OR BEFORE ATHLETIC COMPETITION.

OUR FORMULA IS FURTHER ENHANCED WITH A HIGH POTENCY DOSAGE OF PANTOTHENIC ACID (VITAMIN B5). ONCE PANTOTHENIC ACID IS CONVERTED INTO COENZYME A IN THE BODY, IT WORKS DIRECTLY WITH CARNITINE TO CONVERT FOOD TO ENERGY — PROVIDING SYNERGISTIC SUPPORT.^{*}

Directions: For adults, take one (1) tablespoon (15mL) thirty to sixty minutes before exercise with your pre-workout meal. Do not take on an empty stomach.

KEEP OUT OF REACH OF CHILDREN. STORE UNOPENED CONTAINER AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

SHAKE WELL BEFORE USE
REFRIGERATE AFTER OPENING

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx

LIQUID L-CARNITINE 3000 MAXIMUM STRENGTH

- » 2X CONCENTRATION
- » PROMOTES RECOVERY FROM HIGH INTENSITY EXERCISE*
- » SUPPORTS ENDURANCE EXERCISE*

**NATURAL
WATERMELON**
Flavor

VEGETARIAN FRIENDLY
DIETARY SUPPLEMENT 16 FL. OZ. (473 mL)

EXERCISE
RECOVERY*

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container about 31

Amount Per Serving	%Daily Value	
Calories	25	
Total Carbohydrate	6 g	2%**
Pantothenic Acid (as Dexpanthenol)	10 mg	100%
L-Carnitine	3,000 mg (3 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Glycerin, Sorbitol, Purified Water, Citric Acid, Natural Flavors, Potassium Sorbate and Sodium Benzoate (preservatives).

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: This product contains sugar alcohols, which may cause gastrointestinal discomfort. Excessive consumption may have a laxative effect.

MET-Rx

Manufactured in the USA with select ingredients from around the world by MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

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