

Looking to get your calcium needs with an easy alternative to swallowing tablets? This liquid Target-Mins™ formulation contains the same benefits as our Target-Mins™ calcium magnesium tablet products, in the convenience of a liquid. A 1-ounce dosage is all that is needed to fulfill your daily requirement to support bone health and keep teeth strong.*** Available in Wild Blueberry flavor – now improved and better than ever.

Target-Mins™ are made with specific free-form amino acids and uses a calcium: magnesium and calcium: phosphorus ratio of 2:1 to support calcium utilization.*** To further support proper regulation of the body's calcium, vitamin D3 was added.***

Looking for other liquid supplement options? Try Country Life's Liquid Multivitamin & Mineral Complex – containing a blend of aloe vera plus mangosteen and noni juices. It's a delicious and nutritious combination of juices infused with essential vitamins and minerals needed daily.

Adequate calcium and vitamin D as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

See container for "Lot No." and "Best By" date.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



YES CERTIFIED VEGETARIAN BY THE ANA
YES CERTIFIED GLUTEN-FREE BY GFCD
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
NO YEAST, WHEAT OR CORN
NO MILK, SOY OR SUGAR
NO ARTIFICIAL COLOR
NO ARTIFICIAL FLAVORS
NO ARTIFICIAL SWEETENERS



• TARGET-MINS™ • **CALCIUM MAGNESIUM**

With Vitamin D3 Complex
1000 mg : 500 mg : 400 I.U. D3

Gluten-Free

- Supports healthy bones and teeth***
- No pills to swallow
- Only 1 oz needed daily

.....
WILD BLUEBERRY
 FLAVOR



Dietary Supplement
 16 FL. OZ. (1 PINT) (472 mL)

LIQUID

— Our **PLEDGE of INTEGRITY** —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults take one cap (1 fl. oz.)(29.5 mL) daily or as directed by a health care professional. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 fl. oz. (29.5 mL)
 Servings Per Container 16

Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	7 g	2%*
Other Carbohydrate	7 g	**
Vitamin D (D3)(as cholecalciferol)	400 I.U.	100%
Calcium (as calcium triphosphate, citrate, alpha-ketoglutarate, aspartate, lysinate)†	1,000 mg	100%
Phosphorus (as calcium triphosphate)†	500 mg	50%
Magnesium (as magnesium citrate, aspartate, alpha-ketoglutarate, taurate)†	500 mg	125%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Purified water, natural vegetable glycerin, natural blueberry flavor, natural flavors, citric acid, xanthan gum, sodium benzoate (preservative), potassium sorbate (preservative).

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children. Shake well before use. Refrigerate after opening.

Manufactured for Country Life, LLC
 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
 CountryLifeVitamins.com
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