

Looking to get your calcium needs with an easy alternative to swallowing tablets? This liquid Target-Mins™ formulation contains the same benefits as our Target-Mins™ calcium magnesium tablet products, in the convenience of a liquid. A 1-ounce dosage is all that is needed to fulfill your daily requirement to support bone health and keep teeth strong.*** Available in Wild Blueberry flavor – now improved and better than ever.

Target-Mins™ are made with specific free-form amino acids and uses a calcium: magnesium and calcium: phosphorus ratio of 2:1 to support calcium utilization.*** To further support proper regulation of the body's calcium, vitamin D3 was added.***

Looking for other liquid supplement options? Try Country Life's Liquid Multivitamin & Mineral Complex – containing a blend of aloe vera plus mangosteen and noni juices. It's a delicious and nutritious combination of juices infused with essential vitamins and minerals needed daily.

Adequate calcium and vitamin D as part of a healthful diet, along with exercise, may reduce the risk of osteoporosis later in life.

See container for "Lot No." and "Best By" date.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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YES CERTIFIED VEGETARIAN BY THE AVA
YES CERTIFIED GLUTEN-FREE BY GFCO
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER
NO YEAST, WHEAT OR CORN
NO MILK, SOY OR SUGAR
NO ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS
NO ARTIFICIAL SWEETENERS



• TARGET-MINS™ • CALCIUM MAGNESIUM

With Vitamin D3 Complex
1000 mg : 500 mg : 400 I.U. D3

Gluten-Free

- Supports healthy bones and teeth***
- No pills to swallow
- Only 1 oz needed daily

WILD BLUEBERRY
FLAVOR



Dietary Supplement
32 FL. OZ. (1 QT.) (944 mL)

LIQUID

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one cap (1 fl. oz.)(29.5 mL) daily or as directed by a health care professional. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 fl. oz. (29.5 mL)
Servings Per Container 32

Amount Per Serving	% Daily Value
Calories	30
Total Carbohydrate	7 g 2%*
Other Carbohydrate	7 g **
Vitamin D (D3)(as cholecalciferol)	400 I.U. 100%
Calcium (as calcium triphosphate, citrate, alpha-ketoglutarate, aspartate, lysinate)†	1,000 mg 100%
Phosphorus (as calcium triphosphate)†	500 mg 50%
Magnesium (as magnesium citrate, aspartate, alpha-ketoglutarate, taurate)†	500 mg 125%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Purified water, natural vegetable glycerin, natural blueberry flavor, natural flavors, citric acid, xanthan gum, sodium benzoate (preservative), potassium sorbate (preservative).

† Country Life always labels minerals in elemental weight.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children. Shake well before use. Refrigerate after opening.

Manufactured for Country Life, LLC
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