

WESTERN FAMILY[®]

32 Nutrients

Gluten Free

ULTIMATE Complete

Multivitamin/Multimineral Supplement

for MEN

100 TABLETS

Western Family[®] Ultimate Complete[®] for Men utilizes current nutritional science. This formula supplies key nutrients in a complete[®] multivitamin specially formulated for men.

Men's Health

Immune Support[™]

Energy Metabolism[™]

Heart Health[™]

* 32 NUTRIENTS

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WESTERN FAMILY[®]

Supports Colon & Prostate Health[™]

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for MEN

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Men's Health
Western Family[®] Ultimate Complete[®] for Men is specially formulated with key nutrients to help meet a man's nutritional needs

Immune Support
Antioxidants help support immune function[™]

Energy Metabolism
B-vitamins help convert food to fuel[™]

Heart Health
Vitamins C, E, B6, B12 and folic acid help support heart health[™]

Vitamin D and antioxidants Lycopene, Selenium and Vitamin E for prostate health. Calcium and Vitamin D for colon health.

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Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3500 IU (25% as beta-carotene)	70%	Biotin 40 mcg	13%	Chromium 35 mcg	67%
Vitamin C 90 mg	150%	Pantothenic Acid 15 mg	150%	Molybdenum 30 mcg	67%
Vitamin D 600 IU	150%	Calcium 210 mg	21%	Chloride 72 mg	2%
Vitamin E 45 IU	150%	Iron 8 mg	44%	Potassium 80 mg	2%
Vitamin K 60 mcg	75%	Phosphorus 20 mg	2%	Boron 150 mcg	-
Thiamin 1.2 mg	80%	Iodine 150 mcg	100%	Nickel 5 mcg	-
Riboflavin 1.3 mg	76%	Magnesium 100 mg	25%	Silicon 2 mg	-
Niacin 16 mg	80%	Zinc 11 mg	73%	Tin 10 mcg	-
Vitamin B6 2 mg	100%	Selenium 100 mcg	143%	Vanadium 10 mcg	-
Folic Acid 200 mcg	50%	Copper 0.9 mg	45%	Lycopene 600 mcg	-
Vitamin B12 6 mcg	100%	Manganese 2.3 mg	115%		

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Gelatin, d-Alpha Tocopheryl Acetate (Vit. E), Croscarmellose Gum, Polyethylene Glycol, Stearic Acid, Polyvinyl Alcohol, Calcium Panthothenate, Nicotinamide, Zinc Oxide, Calcium Silicate, Talc, Titanium Dioxide, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Cupric Sulfate, Lecithin, Sodium Borate, Vitamin Mononitrate (Vit. B1), Riboflavin (Vit. B2), Vitamin A Acetate (Vit. A), Lycopene, FD&C Yellow #6 Lake, Beta-Carotene, Chromium Picolinate, Sodium Selenate, Folic Acid, Potassium Iodide, Sodium Molybdate, Phytanoylone (Vit. K), FD&C Red #40 Lake, Sodium Metasilicate, Biotin, Nickel Sulfate, Sodium Molybdate, Stannous Chloride, Cholecalciferol (Vit. D3), Cyanocobalamin (Vit. B12). CONTAINS: SOY

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Vitamin D 600 IU	150%	Zinc 11 mg	73%
Vitamin E 45 IU	150%	Selenium 100 mcg	143%
Vitamin K 60 mcg	75%	Copper 0.9 mg	45%
Thiamin 1.2 mg	80%	Manganese 2.3 mg	115%
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Niacin 16 mg	80%	Molybdenum 30 mcg	67%
Vitamin B6 2 mg	100%	Chloride 72 mg	2%
Folic Acid 200 mcg	50%	Potassium 80 mg	2%
Vitamin B12 6 mcg	100%	Boron 150 mcg	-
Silicon 2 mg	-	Nickel 5 mcg	-
Biotin 40 mcg	13%	Tin 10 mcg	-
Pantothenic Acid 15 mg	150%	Vanadium 10 mcg	-
Calcium 210 mg	21%	Lycopene 600 mcg	-
Iron 8 mg	44%		
Phosphorus 20 mg	2%		

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Ingredients: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Gelatin, d-Alpha Tocopheryl Acetate (Vit. E), Croscarmellose Gum, Polyethylene Glycol, Stearic Acid, Polyvinyl Alcohol, Calcium Panthothenate, Nicotinamide, Zinc Oxide, Calcium Silicate, Talc, Titanium Dioxide, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Cupric Sulfate, Lecithin, Sodium Borate, Vitamin Mononitrate (Vit. B1), Riboflavin (Vit. B2), Vitamin A Acetate (Vit. A), Lycopene, FD&C Yellow #6 Lake, Beta-Carotene, Chromium Picolinate, Sodium Selenate, Folic Acid, Potassium Iodide, Sodium Molybdate, Phytanoylone (Vit. K), FD&C Red #40 Lake, Sodium Metasilicate, Biotin, Nickel Sulfate, Sodium Molybdate, Stannous Chloride, Cholecalciferol (Vit. D3), Cyanocobalamin (Vit. B12). CONTAINS: SOY

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SUGGESTED USE: Adults - Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are taking medication or have a medical condition, ask a doctor before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (exceeding that found in beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed. Do not use if printed seal under cap is broken or missing.

CODE AREA

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