



Gluten Free

Complete

Multivitamin/Multimineral Supplement

formulated for **MEN** 50+

100 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3,500 IU (29% as Beta-Carotene)	70%	Biotin 30 mcg	10%	Molybdenum 50 mcg	67%
Vitamin C 120 mg	200%	Pantothenic Acid 10 mg	100%	Chloride 72 mg	2%
Vitamin D 600 IU	150%	Calcium 250 mg	25%	Potassium 80 mg	2%
Vitamin E 60 IU	200%	Phosphorus 20 mg	2%	Boron 150 mcg	*
Vitamin K 60 mcg	75%	Iodine 150 mcg	100%	Nickel 5 mcg	*
Thiamin 1.5 mg	100%	Magnesium 50 mg	13%	Silicon 2 mg	*
Riboflavin 1.7 mg	100%	Zinc 15 mg	100%	Vanadium 10 mcg	*
Niacin 20 mg	100%	Selenium 100 mcg	143%	Lutein 300 mcg	*
Vitamin B6 6 mg	300%	Copper 0.7 mg	35%	Lycopene 600 mcg	*
Folic Acid 300 mcg	75%	Manganese 4 mg	200%		
Vitamin B12 100 mcg	1667%	Chromium 60 mcg	50%		

Ingredients: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Magnesium Oxide, d-Alpha Tocopheryl Acetate (Vit. E), Microcrystalline Cellulose, Gelatin, Acacia, Croscarmellose Sodium, Stearic Acid, Polyvinyl Alcohol, Nicotinamide, Zinc Oxide, Crospovidone, Calcium Silicate, Manganese Sulfate, Calcium Pantothenate, Talc, Titanium Dioxide, Color, Silicon Dioxide, Pyridoxine Hydrochloride (Vit. B6), Magnesium Stearate, Polyethylene Glycol, Thiamine Mononitrate (Vit. B1), Lecithin, Cupric Sulfate, Riboflavin (Vit. B2), Sodium Borate, Vitamin A Acetate, Lycopene, FD&C Yellow #6 Aluminum Lake, Beta-Carotene, FD&C Blue #2 Aluminum Lake, Chromium Picolinate, Folic Acid, Lutein, Sodium Selenate, Potassium Iodide, Sodium Molybdate, FD&C Red #40 Aluminum Lake, Cyanocobalamin (Vit. B12), Phytanadione (Vit. K), Sodium Metasilicate, Biotin, Nickel Sulfate, Sodium Metavanadate, Cholecalciferol (Vit. D3). **CONTAINS: SOY**

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12885-B-PER

SUGGESTED USE: Adults – Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are taking medication or have a medical condition, ask a doctor before using this product. If you are pregnant or nursing a baby, ask a doctor before using this product.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Keep out of reach of children.
 Store at room temperature.
 Keep bottle tightly closed.

Do not use if printed seal under cap is broken or missing

CODE AREA

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Vitamin D 600 IU	150%	Selenium 100 mcg	143%
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Vitamin B12 100 mcg	1667%	Nickel 5 mcg	*
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***This product is not manufactured or distributed by Pfizer, marketer of Centrum® Silver® Men 50+.

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Men's Health

Western Family's Complete is specially formulated with key nutrients to help meet the nutritional needs of men 50+.



Immune Support

Antioxidants help support immune function**



Energy Metabolism

B-vitamins help convert food to fuel**



Heart Health

Lycopene and vitamins C, E, B6, B12 and folic acid help support heart health**

Nutrients to support:

- Heart Health**
- Immune Function**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Heart Health**
Immune Support**

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Multimineral
Supplement

Complete

formulated for **MEN** 50+

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COLORS:

3W Western F
 Will use full U.S.
 3W Western F