

21ST
CENTURY®

PRENATAL

DIETARY SUPPLEMENT

 *Before, During & After Pregnancy*

Compare Active Ingredients To
Stuart PreNatal®†

60 TABLETS



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV**
Vitamin A (100% as Beta Carotene)	4000 I.U.	50%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	400 I.U.	100%
Vitamin E (dl-alpha Tocopheryl Acetate)	30 I.U.	100%
Thiamin (as Thiamin Mononitrate)	1.8 mg	106%
Riboflavin (B-2)	1.7 mg	85%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B-12	8 mcg	100%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	156%
Zinc (as Zinc Oxide)	25 mg	167%

** Percent Daily Value (DV) for Pregnant and Lactating Women.

Other Ingredients: Cellulose, Starch, Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Titanium Dioxide, Magnesium Stearate, Artificial Colors (FD&C Red #40, FD&C Yellow #6, FD&C Blue #2).

21ST Century PreNatal contains 800 mcg of Folic Acid and will provide vitamin and mineral supplementation throughout pregnancy and during postnatal period for both lactating and nonlactating mothers.*

Directions: As a dietary supplement, adults take one (1) tablet daily with any meal, or as directed by your healthcare provider. Do not exceed recommended dosage.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast or Preservatives.

†Stuart Prenatal® is a registered trademark of Wyeth Laboratories, Inc., a Wyeth Ayerst Company, Philadelphia, PA 19101

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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