

DIETARY SUPPLEMENT

Fish Oil 1000 mg

May Reduce the Risk of Coronary Heart Disease^{††}
(See side panel)

Purified to Eliminate
Mercury, PCBs
& Dioxins

120 Softgels

Supplement Facts

Serving Size: 1 Softgei		
Amount Per Serving		% D\
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Saturated Fat	0 g	

Fish Oil Concentrate 1000 mg
EPA (Eicosapentaenoic Acid) **
DHA (Docosahexaenoic Acid) **
Total Omega-3 Fatty Acids 300 mg **

†Percent Daily Value (DV) based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Purified Water, Refined Soybean Oil, Vitamin E (d-Alpha Tocopheryl). Contains soy and fish (anchovy, cod, herring, mackerel, salmon, sardine and sprat) ingredients.

Fish Oil 1000 mg

^{††}Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of 21st Century Fish 0il 1000 mg provides 300 mg of EPA and DHA, and other Omega-3 fatty acids (see supplement facts for total fat and saturated fat content). 21st Century Fish 0il contains high quality molecularly distilled fish oil concentrate.

Directions: As a dietary supplement, take one (1) softgel with any meal up to three times daily or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors.

Gluten Free

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