# Z1 ST CENTURY®

DIETARY SUPPLEMENT

### Enteric Coated to Avoid Upset Stomach, Aftertaste & Reflux!

"Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of 21st Century Fish Oil 1,000 mg provides 300 mg of EPA and DHA, and other Omega-3 fatty acids (see supplement facts for total fat and saturated fat content). 21st Century Fish Oil contains high quality molecularly dictilled fish oil concentrate.

Directions: Take up to three (3) enteric coated softgels daily with any meal for maximum results, or as directed by your healthcare provider. Do not exceed recommended dosage.

Warning: Before using this product, consult your healthcare provider if you are: pregnant or nursing, have a medical condition, taking any medications, or are planning any medical procedures. If any adverse reactions occur, discontinue use and consult your healthcare provider.

#### Keep out of reach of children.

Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Artificial Flavors, Colors or Preservatives.



ENTERIO COATED

OMEGA-3 • REFLUX FREE

# Fish Oil 1000 mg

May Reduce the Risk of Coronary Heart Disease<sup>††</sup> (see side panel) Purified to Eliminate Mercury, PCBs & Dioxins

### Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%	% DV†	
Calories	10		
Calories from Fat	10		
Total Fat	1 g	2%	
Saturated Fat	0 g		

Fish Oil Concentrate 1000 mg \*
EPA (Eicosapentaenoic Acid)
DHA (Docosahexaenoic Acid) \*
Trital Omega-3 Fatty Arids 300 mg \*

† Percent Daily Value (DV) based on a 2,000 calorie diet.
\*\* Daily Value (DV) not established.

Ingredients: Fish Body Oil, Gelatin, Glycerin, Purified Water, Refined Stoybean Oil, Vitamin E (d-Alpha Tocopheryi), Coating contains one or more of the following (Sodium Alginate, Stearic Acid, Ethy/cellulose, Medium Chain Trighycerides, Oleic Acid, Polymethyacytate, PEG, Talc, Vanillin). Contains soy and fish (herring, mackerel, sardine, sprat, and salmon) ingredients.



## PROUDLY MANUFACTURED FOR 21<sup>ST</sup> Century HealthCare, Inc.

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90 Enteric Coated Softgels