

21ST
CENTURY®



CALCIUM SUPPLEMENT

EASY TO SWALLOW
SOFTGELS

READILY ABSORBABLE

Liquid Filled
Calcium
1200 mg + D₃
per serving

Readily Absorbable Liquid Calcium
Plus Vitamin D₃ for Strong
and Healthy Bones*

90 Softgels

Liquid Calcium is a readily absorbable source of Calcium and is an important mineral for supporting good bone health.* Calcium also works to support muscle and nerve function.* Vitamin D₃ is added to assist with Calcium absorption and as support for healthy immune function.* Adequate Calcium and Vitamin D₃ as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

Directions: As a calcium supplement, take two (2) softgels daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. **Gluten Free.**



Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 45

Amount Per Serving	% DV
Calories	20
Calories from Fat	15
Total Fat	1.5g 2%
Protein	<1g 1%
Vitamin D ₃ (as Cholecalciferol)	400IU 100%
Calcium (as Calcium Carbonate)	1200 mg 120%

Percent Daily Value (DV) based on a 2,000 calorie diet.

Other Ingredients: Beeswax, Lecithin, Soybean Oil, Titanium Dioxide, Gelatin, Glycerin, Purified Water. This product contains soy ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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