

Glucosamine and Chondroitin are two of the most common nutrients used to support joint health.* 21ST Century combines these two ingredients for nutritional joint support.* 21ST Century offers the highest quality ingredients produced to strict standards for support of your good health. See us at www.21stcenturyvitamins.com for more information.

Directions: As a dietary supplement, take three (3) capsules daily after any meal, or as directed by a healthcare provider. Do not exceed recommended dosage.

WARNING: IF YOU ARE DIABETIC CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your healthcare provider before using this product.

Warning: Before using this product, consult your healthcare provider if you are: pregnant or nursing, have a medical condition, taking any medications, or are planning any medical procedures. If any adverse reactions occur, discontinue use and consult your healthcare provider.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives, Artificial Flavors or Colors.



DIETARY SUPPLEMENT

DOUBLE STRENGTH

Glucosamine 500 mg
Chondroitin 400 mg

3 Capsules Daily

Support for Joint Health*

400 (Easy Swallow) Capsules

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 133

Amount Per Serving	% DV
Sodium	90 mg 4%
Glucosamine Sulfate • 2KCl	1500 mg **
Chondroitin Sulfate	1200 mg **

** Daily Value (DV) not established.

Other Ingredients: Gelatin, Magnesium Silicate, Magnesium Stearate, Stearic Acid. **Contains shellfish** (shrimp, crab, lobster, crayfish) ingredients.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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