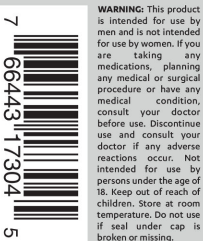


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No Artificial Color or Flavor, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product No. 17304
B67205 05C



NUTRITION FROM THE SOURCE™

ULTRA
MAN™

SPORT

DAILY MULTI | HIGH POTENCY

PERFORMANCE FORMULA FOR ACTIVE MEN

MEN'S HEALTH*

180 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Directions: For adult men, take two (2) caplets daily, preferably with a meal.

Supplement Facts

Amount Per Serving	%Daily Value
Serving Size 2 Caplets Servings Per Container 90	
Vitamin A (as Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phyltonadione)	60 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg 4,000%
Riboflavin (Vitamin B-2)	60 mg 3,529%
Niacin (as Niacinamide)	60 mg 300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg 3,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%
Biotin	500 mcg 167%
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg 600%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	295 mg 30%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as Sodium Selenate)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Potassium (as Potassium Chloride)	100 mg 3%
Choline Bitartrate	10 mg **
Inositol	10 mg **

Amount Per Serving	%Daily Value
Boron (as Bororganic Glycine)	2 mg **
Vanadium (as Sodium Metavanadate)	10 mcg **
Silica	4 mg **
UMS Special Sport Blend L-Glutamine, L-Cysteine, Taurine, N-Acetyl-L-Carnitine HCl, L-Arginine HCl, L-Carnitine Fumarate	150 mg **
UMS BCAA Blend L-Valine, L-Leucine, L-Isoleucine	200 mg **
UMS Creatine Amplifier Blend Glycocyamine, Glycine Powder, L-Methionine	200 mg **
UMS Ginkgo Blend Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Cayenne Pepper (<i>Capiscum annuum</i>) (fruit), Green Tea (<i>Camellia sinensis</i>) (leaf), Spirulina, Phosphatidylserine	50 mg **
UMS Antioxidant Blend Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Alpha Lipic Acid, Coenzyme Q-10, Lutein	50 mg **
UMS Bioactive Blend Flax (<i>Linum usitatissimum</i>) (seed), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Pumpkin Seed (<i>Cucurbita pepo</i>), Lycopene	50 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains -2% of: Acacia Gum, Calcium Silicate, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk and soy ingredients.

TO REORDER PROD. #17304

www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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UMS Creatine Amplifier Blend Glycocyamine, Glycine Powder, L-Methionine	200 mg **
UMS Ginkgo Blend Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Cayenne Pepper (<i>Capiscum annuum</i>) (fruit), Green Tea (<i>Camellia sinensis</i>) (leaf), Spirulina, Phosphatidylserine	50 mg **
UMS Antioxidant Blend Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Grape Seed Extract (<i>Vitis vinifera</i>), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Alpha Lipic Acid, Coenzyme Q-10, Lutein	50 mg **
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WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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Vitamin World, Inc.
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PERFORMANCE FORMULA
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Proprietary BCAA Blend

Energy Metabolism*

Carbohydrate Metabolism*

MEN'S HEALTH*

180 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Ultra Man™ Sport is designed for men of all ages who need a multivitamin that works just as hard as they do. Ultra Man™ Sport is enhanced with key vitamins and minerals needed to support nutrient and energy metabolism, two critical factors for athletic performance and recovery.* Each serving also contains potent levels of antioxidants such as Vitamin C, E and Selenium.

CARBOHYDRATE & ENERGY METABOLISM

High potency B-vitamins are included to support carbohydrate metabolism.* Carbohydrates are the primary energy source during intense exercise, which is why it is important for athletes and anyone living an active lifestyle to get adequate B vitamins every day.*

PROTEIN METABOLISM

Each serving provides an excellent source of Magnesium, an essential mineral which works with enzymes involved in protein formation.* B-vitamins also support amino acid and protein metabolism.*

ANTIOXIDANT SUPPORT

Ultra Man™ Sport is enhanced with several key antioxidant vitamins and minerals, including Vitamin C, Vitamin E and Selenium. Antioxidants work to neutralize harmful free radicals, which can be produced from strenuous exercise.* Excessive free radicals can damage cell membranes, including those of muscle cells.

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