



GOTU KOLA POWDER

Heart Health + Circulation + Antioxidants







454g (1 lb) Dietary Supplement

ORGANIC RAW **GOTU KOLA POWDER**

Native to Asian wetlands, Gotu Kola has been utilized in traditional Ayurvedic, Chinese, and African medicine for its antioxidant properties and to promote healthy circulation, mood and overall health. Gotu Kola contains active compounds of saponins, which promote heart health and healthy cholesterol levels. †

Raw • Vegan • Gluten-Free • Chemical-Free • Non GMO • Organic

WHO SHOULD USE GOTU KOLA POWDER?

Anyone looking to improve heart health, circulation and vitality with a nutrient-dense, convenient powder.†

BENEFITS:

Heart health, circulation, mood, antioxidants, vitality.†

gotu kola powder (raw – organic)

Suggested Use: Mix 1 tablespoon with juice, yogurt, or add to your favorite smoothie.

poudre de gotu kola (crue — biologique)
Suggestion d'Utilisation: Mélangez 1 cuillère avec du jus de fruits, votre smoothie préféré ou ajoutez-la à votre yaourt.

gotu kola in polvere (crudo - biologico)

Uso Raccomandato: Mescolare 1 cucchiaio in succo, yogurt, o aggiungere al vostro frullato preferito.

gotu kola pulver (roh — biologisch)
Empfohlene Anwendung: Mixen Sie 1 Esslöffel mit Saft Joghurt oder Ihrem Lieblingssmoothie.

centella asiática (gotu kola) en polvo (cruda - orgánica) Uso Sugerido: Mezclar 1 cucharada de jugo, yogur, o agregar a su batido favorito.

centelha asiática em pó (cru - orgânico)

Sugestão de Uso: Misture 1 colher de sopacom suco, iogurte, ou adicione no o seu batido favorito.



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Nutrition Facts

Serving Size: One (1) tbsp. (6g) Servings Per Container: 75

Amount Per Serving	
Calories 20	Calories from Fat 11
	% Daily Values*
Total Fat 1g	2%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	5%
Sugars Og	
Protein 1g	3%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Raw Organic Gotu Kola Leaf. Botanical Source: Centella asiatica.

Warning: If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the seal on the package is