

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1-2 capsules 30-60 minutes
before bed or as directed by
your healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS,
YEAST, WHEAT, GLUTEN, MILK/DAIRY,
CORN PROTEIN, SOY PROTEIN, EGGS,
SUGAR, HYDROGENATED OIL, ARTIFICIAL
COLORING, ARTIFICIAL FLAVORING,
OR PRESERVATIVES.

MADE IN THE USA



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Valerian Extract

(0.8%) 250mg



DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

serving size: 1 capsule

servings per container: 60

	amount per serving
Valeriana officinalis Root Extract	250mg*
(standardized to 0.8% Valerinic acids)	

* Daily Value not established

Other Ingredients: Silicated Cellulose,
Calcium Carbonate, Gelatin Capsule,
Leucine, and Silica.

Independently tested for
authenticity, potency, heavy metals,
solvent residue, herbicide & pesticide
residue, aflatoxins, stability and
bacteria, yeast and mold counts.

manufactured by
VITAL NUTRIENTS
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