

Directions:
Adults and children 12 years
and older take 2 soft gels daily.
Do not use if safety seal is broken
or missing.

Healthy you, healthy planet
www.ascentahealth.com/sustainability



Ascenta®
ascentahealth.com

Our trusted NutraSea
product, in just two
liquid gels a day.

Balanced Formula

1250 mg dose of EPA/DHA+Vit.D

Fresh Mint Flavor

No fishy burp back

Guaranteed Pure

View test results online at purecheck.net



Ascenta Health Nova Scotia, Canada 🍁

B3B OA6 1.866.224.1775

NutraSeaTM Omega-3 Liquid Gels +Vitamin D

1250 mg
EPA/DHA
+1000 IU Vit.D
per 2 liquid gels

60 soft gels | Fish Oil Supplement

Supplement Facts

Serving Size 2 Soft Gels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2.0 g	3%*
Polyunsaturated Fat	1.5 g	
Cholesterol	5.0 mg	2%*
Vitamin D3 (Cholecalciferol)	1000 IU	250%
Fish Oil (Anchovies, Sardines, Mackerel)	1.8 g†	
Omega-3 Fatty Acids (EPA/DHA)	1.250 g†	
EPA (Eicosapentaenoic Acid)	750 mgt	
DHA (Docosahexaenoic Acid)	500 mgt	

* Percent Daily Value is based on a 2000 calorie diet.

† Daily Value not established.

✓ Guaranteed analysis

Other ingredients: Gelatin, Glycerin, Purified water, Natural peppermint flavor, Tocopherols, Green tea extract, Medium chain triglycerides.

Contains fish (Anchovies, Sardines, Mackerel).

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