

Nature's Way

Complete Multi-Vitamin

- Orchard Fruits™/Garden Veggies™ dried blend (100 mg)
- High Potency B-Vitamins convert food to energy*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimized for Women 50+
Specially balanced to support:

Energy*

Heart Health*

Bones*

Immunity*

Eyes*

Cellular Health*

High Potency
100%+ Daily Value
of 19 essential vitamins & minerals

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Alive!

WOMEN'S 50+
MULTI-VITAMIN • MULTI-MINERAL

DIETARY SUPPLEMENT

ONCE DAILY
65.50 TABLETS

BONUS
30% MORE FREE!

Provides essential nutrients to help support:

METABOLISM* B-Vitamins	HAIR, SKIN & NAILS* Vitamin C • Biotin
BONE HEALTH* Boron • Calcium • Folic Acid Magnesium • Manganese Vitamin D • Vitamin K	EYE HEALTH* Beta Carotene (Vitamin A) Vitamin C • Vitamin E Lutein • Zinc
ENERGY* B-Vitamins • Magnesium Vitamin C • Vitamin E	CELLULAR HEALTH* Copper • Selenium • Vitamin A Vitamin C • Vitamin E • Zinc
HEART HEALTH* B-Vitamins • Vitamin C Vitamin E	IMMUNE DEFENSE* Selenium • Vitamin A Vitamin C • Vitamin D • Zinc

GLUTEN FREE. No sugar, salt, soy, yeast, wheat, dairy products or artificial flavoring.

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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HIGH POTENCY Multi-Vitamin

100%+ DV of 19 Vitamins/Minerals

Recommendation: Take 1 tablet daily, preferably with food. If you are pregnant, nursing or taking any medications, consult a healthcare professional before use. Not formulated for use in men or children. Do not exceed recommended use.

Supplement Facts

Serving Size 1 Tablet	
Amount Per Serving	% DV
Vitamin A	5,000 IU 100%
(1,500 IU (30%) as beta carotene)	
Vitamin C	90 mg 150%
Vitamin D	1,000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (Vitamin B1)	4.5 mg 300%
Riboflavin (Vitamin B2)	3.4 mg 200%
Niacin (Vitamin B3)	20 mg 100%
Vitamin B6	6 mg 300%
Folic Acid (Vitamin B9)	400 mcg 100%
Vitamin B12	100 mcg 1,667%
Biotin (Vitamin B7)	300 mcg 100%
Pantothenic Acid (Vitamin B5)	15 mg 150%
Calcium	500 mg 50%

Amount Per Serving	% DV
Iodine	150 mcg 100%
Magnesium	90 mg 13%
Zinc	22.5 mg 150%
Selenium	70 mcg 100%
Copper	2 mg 100%
Manganese	4 mg 200%
Molybdenum	75 mcg 100%

Orchard Fruits™ & Garden Veggies™	100 mg	**
Powder Blend: Blueberry, Orange, Currant, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach		
Lutein	300 mcg	**
Boron	150 mcg	**

**Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Cellulose, Orchard Fruits™ and Garden Veggies™ Powder Blend (Blueberry, Orange, Currant, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach), Ascorbic Acid (Vitamin C), Magnesium Oxide, dl-alpha Tocopheryl Acetate (Vitamin E), Sodium Crosscarmellosse, Stearic Acid, Zinc Oxide, Nicotinamide (Vitamin B3), Hydroxytoluene, Polydextrose, D-Calcium Phosphosphate (Vitamin B5), Titanium Dioxide Color, Magnesium Stearate, Hydroxypropyl Cellulose, Manganese Sulfate, Cyanocobalamin (Vitamin B12), Vitamin A Acetate, Phytantriol (Vitamin K), Sodium Molybdate, Pyridoxine HCl (Vitamin B6), Sodium Selenate, Biotin (Vitamin B7), Thiamin Mononitrate (Vitamin B1), Copper Sulfate, Silica, Beta Carotene (Vitamin A), Folic Acid (Vitamin B9), Zinc, Riboflavin (Vitamin B2), Sodium Borate, Cholecalciferol (Vitamin D3), Medium Chain Triglycerides, Lutein (Artic Marigold Extract (Flower)), Potassium Iodide, Carnitine Color.

CAFFEINE-FREE

65.50 TABLETS • DIETARY SUPPLEMENT

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WOMEN'S 50+
MULTI-VITAMIN • MULTI-MINERAL

30% MORE FREE!

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