

CODE 329211
Directions: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Women's Ultra Mega® Active without Iron

Supplement Facts

Serving Size Two Orange Caplets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Performance, Energy & Metabolism Blend	100 mg	*
Panax ginseng Root Extract, Ginkgo biloba Leaf Extract, Green Tea Leaf Extract, L-Valine, L-Leucine, L-Isoleucine		
Joint Cushion Support Blend	50 mg	*
MSM (Methylsulfonyl-methane), Collagen, Hyaluronic Acid (HA)		
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*

Amount Per Serving	% Daily Value	
Cranberry Concentrate (Vaccinium macrocarpon)	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Riboflavin, Glycerol Esters, Sucralose, Carmine Color.

CONTAINS: Fish and Soybeans.
Conforms to USP <2091> for weight.

Energy Enhancer

Supplement Facts

Serving Size Two Beige Caplets		
Amount Per Serving		
Guarana Seed Extract (Paulinia cupana)(36% Caffeine = 180 mg)	495 mg	*
Black Tea Leaves Extract (Camellia sinensis)	272 mg	*
MegaNatural® Grape Skin & Seed Extract (Vitis vinifera)	210 mg	*
Ginger Root Extract (Zingiber officinale)(5% Gingerols = 10 mg)	200 mg	*
MegaNatural® Gold Grape Seed Extract (Vitis vinifera)	125 mg	*
Dill Weed Extract (Anethum graveolens)	5 mg	*

* Daily Value not established.

Other Ingredients: Dextrose, Cellulose, Starch, Titanium Dioxide (Natural Mineral Whitener), Caramel Color, Ethyl Vanillin.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

Calcium 600
Supplement Facts

Serving Size One Peach Caplet		
Amount Per Serving	% Daily Value	
Vitamin D (as Cholecalciferol D-3)	400 IU	100%
Calcium (as Calcium Carbonate)	600 mg	60%

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Artificial Color (FD&C Yellow #6 Lake).
CONTAINS: Soybeans.
Potency of Calcium verified by GNC procedure #4000.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

L-Carnitine

Supplement Facts

Serving Size One White Caplet		
Amount Per Serving		
L-Carnitine (as L-Carnitine Fumarate)	500 mg	*

* Daily Value not established.

Other Ingredients: Corn Starch, Dicalcium Phosphate, Cellulose.
Potency verified by GNC procedure #5064.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Wheat, No Gluten, No Dairy, Yeast Free.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

GNC QUALITY COMMITMENT

For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

CLA 1000

Supplement Facts

Serving Size One Yellow Softgel Capsule		
Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Conjugated Linoleic Acid (CLA)(Clarinol®)	1000 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.



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Lutemax 2020™ is a trademark of OmniActive Health Technologies.

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex
- Triple Strength Fish Oil
- SuperFoods Supreme
- Protein



WOMEN'S
ULTRA MEGA®
Active

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied^ multivitamin featuring an advanced performance, energy and metabolism blend
- Joint-cushioning blend featuring vitamin C, collagen and hyaluronic acid*



30 PACKS



PHYSICIAN
ENDORSED*

WOMEN'S ULTRA MEGA® ACTIVE

GNC Women's Ultra Mega® Active Vitapak® Program conveniently combines nutrients that support a woman's overall nutritional needs with focused ingredients to promote optimal health, joint cushioning and athletic performance.*

Women's Ultra Mega® Active without Iron

Our premium, timed-release, clinically studied^ formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Women's Ultra Mega® Active contains 1,600 IU of vitamin D-3 for breast and bone health and immune support, as well as B vitamins that are important for carbohydrate metabolism and energy production.* It's enhanced with 500 mg of bone-strengthening calcium and joint-cushioning blend, with vitamin C, collagen and hyaluronic acid. It also combines a broad spectrum of cell-protecting antioxidant nutrients that also support immune health with key electrolytes that help regulate body fluids.*

Energy Enhancer

This clinically proven, thermogenic formula helps to enhance your metabolism and improve your ability to burn more calories.* Includes a powerful combination of ingredients designed to help give you the extra boost of energy you need in your busy day.

Conjugated Linoleic Acid (CLA)

CLA is a naturally occurring fatty acid derived from safflower seeds. This clinically studied^ CLA enhances your diet and is a healthy source of natural energy.*

L-Carnitine

An amino acid, L-Carnitine helps to facilitate the metabolism of long chain fatty acids.* L-Carnitine is stored in skeletal muscles where it is needed to transform fatty acids into energy for muscle activity.*

Calcium 600

This bone-supporting caplet combines 600 mg of bone-building calcium and 400 IU of vitamin D-3 to enhance calcium absorption.*

The Women's Ultra Mega® Active Vitapak® Program provides 1,100 mg calcium and 2,000 IU vitamin D-3.

*This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.