

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #50126
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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Product No. 50126 B50126 02B

EXTRA STRENGTH MELATONIN

5 mg

HOLISTIC HEALTH

Timed Release Nighttime Sleep Aid*

120 COATED TABLETS | VEGETARIAN DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | | %Daily Value |
|--|-------|--------------|
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 10 mg | 500% |
| Melatonin | 5 mg | ** |

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose. Contains <2% of: Natural Palm Leaf Glaze, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Melatonin works in harmony with your natural sleep cycle to give you the tranquil rest you deserve, so you can awaken feeling refreshed.* Inspired by the natural rhythm of life, Melatonin is an ideal choice for people experiencing occasional sleeplessness, those with jet lag, or anyone seeking to improve their quality of rest.* This extra strength formula should be used by individuals who may need a higher level of sleep support.* This product is formulated to release nutrients over a prolonged period of time.