

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We guarantee it!



TO REORDER PROD. #53612
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VITAMIN WORLD
get healthy.

ULTRA MAN™

50 PLUS
DAILY MULTI
Performance Formula
Targeted for Men Over 50

TIMED RELEASE

30 COATED
CAPLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 15

Amount Per Serving	%Daily Value	
Vitamin A (as Beta-Carotene and Vitamin A Acetate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	300%
Vitamin D (as D3 Cholecalciferol)	2,000 IU	300%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytosadon)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	30 mg	2,000%
Riboflavin (Vitamin B-2)	30 mg	1,765%
Niacin (as Nicotinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine Hydrochloride)	30 mg	1,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg	300%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	250 mg	25%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	266%
Copper (as Copper Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Citrate)	30 mg	1%
Choline Bitartrate	10 mg	*
Inositol	10 mg	*
Boron (as Sodium Tetraborate)	2 mg	*
Vanadium (as Sodium Hexavanadate)	10 mcg	*
UM50+ Amino Acid Blend	50 mg	*
L-Glutamine, L-Valine, L-Cysteine, L-Leucine, L-Isoleucine, L-Methionine, Taurine, N-Acetyl-L-Carnitine Hydrochloride, L-Alanine, L-Carnitine		

Amount Per Serving %Daily Value

UM50+ Bio-Active Blend 110 mg
Flax (Linum usitatissimum) (seed), Saw Palmetto Extract (Serenoa repens) (fruit), Pumpkin Seed (Cucurbita pepo) (fruit), Oyler Extract, Lycopene

UM50+ Herbal Blend 51 mg
Citrus Bioflavonoid Complex (Citrus Aurum) (fruit), Canol Extract, Broccoli Extract, Grape Seed Extract (Vitis vinifera), Bilberry Extract (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Alpha Lipoic Acid, Co-Enzyme Q-10, Resveratrol from (Polygonum cuscutatum) (root), Pine Bark Extract (Pinus pinaster) Lutein

UM50+ Vitality Blend 100 mg
Green Tea (Camellia sinensis) (leaf), Cayenne Pepper (Capsicum anuum) (fruit), Spindina, Ginkgo Biloba (Ginkgo biloba) (leaf), Neuro PSD Phosphatidylcholine

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Calcium Silicate, Gelatin, Natural Palm Leaf Glaze, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk, soy and wheat ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Yeast.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.