

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT  
PLEASE RECYCLE

**Recommendations**

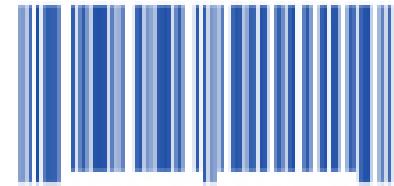
1 to 2 capsules once or twice daily,  
or as directed by your healthcare  
professional.

**Warning**

If pregnant, consult your  
physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,  
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,  
SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL,  
ARTIFICIAL COLORING, ARTIFICIAL FLAVORING,  
OR PRESERVATIVES.

MADE IN THE USA



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DIETARY SUPPLEMENT  
90 CAPSULES

  
**ViTAL**  
NUTRIENTS

**Zinc**  
(citrate)  
**30mg**

VEG  
CAPS

**Supplement Facts**

serving size: 1 capsule

servings per container: 90

	amount per serving	percent daily value
Zinc (as zinc citrate)	30mg	200%

Other Ingredients: Silicated Cellulose,  
Vegetable Cellulose Capsule, and  
Ascorbyl Palmitate.

Independently tested for  
authenticity, potency, solvent  
residue, stability and bacteria,  
yeast and mold counts.

manufactured by  
**VITAL NUTRIENTS**  
45 KENNETH DOOLEY DRIVE  
MIDDLETOWN, CT 06457 USA