

*Vitamin World Hair, Skin & Nails softgels provide a combination of nutrients consistently found in healthy hair, skin and nails.**

HAIR · SKIN · NAILS

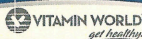
ONE PER DAY FORMULA

*Healthy Hair, Vibrant Skin, Strong Nails**

2500 mcg of Biotin per softgel

Key Ingredients: Biotin, Vitamin A, B-Vitamins

VITAMIN SUPPLEMENT
30 | RAPID RELEASE
SOFTGELS



From the moment raw ingredients reach our facilities to the time a finished supplement is packaged, stringent analysis confirms the potency, purity and nutritional content of every nutritional product that bears the Vitamin World name. *We guarantee it!*



No Artificial Flavor or Sweetener, No Preservatives, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if blister seal is cut, torn or open.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **50779**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Vitamin A (as Retinyl Palmitate)	5,000 IU	100%
Riboflavin (Vitamin B-2)	2 mg	118%
Niacin (as Niacinamide)	2 mg	10%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	20 mcg	333%
Biotin (as d-Biotin)	2,500 mcg (2.5 mg)	833%
Pantothenic Acid (as d-Calcium Pantothenate)	40 mg	400%
Horsetail (<i>Equisetum arvense</i>) (aerial)	29 mg	**
MSM (Methylsulfonylmethane)	200 mg	**
Alpha Lipoic Acid	25 mg	**
Grapeseed Extract (<i>Vitis vinifera</i>)	25 mg	**
DMAE Bitartrate (Dimethylaminoethanol Bitartrate)	50 mg	**

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Contains <2% of: Natural Caramel Color, Silica, Soy Lecithin.

Biotin helps promote healthy nail growth by acting at the base of the nail – the nail matrix. B-Vitamins work together to support healthy skin function.* High potency Vitamin A helps maintain healthy hair and assists in skin maintenance.* Hair, Skin & Nails softgels provide a combination of nutrients consistently found in healthy hair, skin and nails, in a convenient one per day formula.**

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