

Suggested use: Take 1 tablet a day. Allow tablet to dissolve in mouth. No water necessary.

Supplement Facts

Serving Size: 1 Quick Dissolve Tablet Servings Per Container: 250

Amount Per Serving

%DV**

Biotin

5,000 mcg 1667%

**Percent Daily Values (DV) are based on a 2.000 calorie diet.

OTHER INGREDIENTS: Dextrose, Cellulose & Ester Derivatives, PVP, Artificial Flavor System (Cherry), Silica, Beet Root Powder, Sucralose, Maltodextrin, Modified Foods Starch, Gum Arabic, Tartaric Acid, Citric Acid.



NUTRITION INFORMATION: Biotin is an important B-vitamin that provides dietary support for healthy hair and nails as well as energy production. By supporting the matrix of hair and nails, Biotin promotes shiny, lustrous hair and strong, resilient nails.*

100% Vegetarian.

Warning: If pregnant, nursing or taking any medications, consult your healthcare professional before taking this product.

Keep out of the reach of children.
Store in a dry place at room
temperature (59-86°). Do not use if
inner seal is broken or missing.

No Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Preservatives.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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