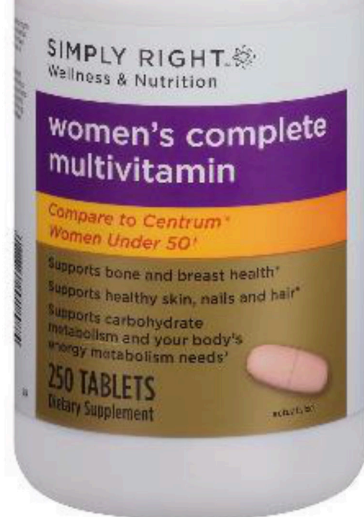




Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A 3,500 IU	70%	Biotin (as d-Biotin)	40 mcg 13%	Chromium (as Chromium Picolinate)	25 mcg 21%
(as Retinyl Acetate and 29% as Beta-Carotene)		Pantothenic Acid (as d-Calcium Pantothenate)	15 mg 150%	Molybdenum (as Sodium Molybdate)	50 mcg 67%
Vitamin C (as Ascorbic Acid)	75 mg 125%	Calcium (as Calcium Carbonate and Dicalcium Phosphate)	500 mg 50%	Chloride (as Potassium Chloride)	72 mg 2%
Vitamin D (as D3 Cholecalciferol)	800 IU 200%	Iron (as Ferrous Fumarate)	18 mg 100%	Potassium (as Potassium Chloride)	80 mg 2%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	35 IU 117%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%		
Vitamin K (as Phytonadione)	50 mcg 63%	Iodine (as Potassium Iodide)	150 mcg 100%	Boron (as Sodium Borate and Boric Acid)	150 mcg **
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.1 mg 73%	Magnesium (as Magnesium Oxide)	100 mg 25%	Nickel (as Nickel Sulfate)	5 mcg **
Riboflavin (Vitamin B-2)	1.1 mg 65%	Zinc (as Zinc Oxide)	8 mg 53%	Silicon (as Silicon Dioxide)	2 mg **
Niacin (as Niacinamide)	14 mg 70%	Selenium (as Sodium Selenate)	55 mcg 79%	Tin (as Stannous Chloride)	10 mcg **
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 100%	Copper (as Cupric Sulfate)	0.9 mg 45%	Vanadium (as Sodium Metavanadate)	10 mcg **
Folic Acid	400 mcg 100%	Manganese (as Manganese Sulfate)	1.8 mg 90%		
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%				

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving %Daily Value

Vitamin A 3,500 IU 70% (as Retinyl Acetate and 29% as Beta-Carotene)

Vitamin C (as Ascorbic Acid) 75 mg 125%

Vitamin D (as D3 Cholecalciferol) 800 IU 200%

Vitamin E (as dl-Alpha Tocopheryl Acetate) 35 IU 117%

Vitamin K (as Phytonadione) 50 mcg 63%

Thiamin (Vitamin B-1) (as Thiamin Mononitrate) 1.1 mg 73%

Riboflavin (Vitamin B-2) 1.1 mg 65%

Niacin (as Niacinamide) 14 mg 70%

Vitamin B-6 (as Pyridoxine Hydrochloride) 2 mg 100%

Folic Acid 400 mcg 100%

Vitamin B-12 (as Cyanocobalamin) 6 mcg 100%

Biotin (as d-Biotin) 40 mcg 13%

Pantothenic Acid (as d-Calcium Pantothenate) 15 mg 150%

Calcium 500 mg 50% (as Calcium Carbonate and Dicalcium Phosphate)

Iron (as Ferrous Fumarate) 18 mg 100%

Phosphorus (as Dicalcium Phosphate) 20 mg 2%

Iodine (as Potassium Iodide) 150 mcg 100%

Magnesium (as Magnesium Oxide) 100 mg 25%

Zinc (as Zinc Oxide) 8 mg 53%

Selenium (as Sodium Selenate) 55 mcg 79%

Copper (as Cupric Sulfate) 0.9 mg 45%

Manganese (as Manganese Sulfate) 1.8 mg 90%

Chromium (as Chromium Picolinate) 25 mcg 21%

Molybdenum (as Sodium Molybdate) 50 mcg 67%

Chloride (as Potassium Chloride) 72 mg 2%

Potassium (as Potassium Chloride) 80 mg 2%

Boron (as Sodium Borate and Boric Acid) 150 mcg **

Nickel (as Nickel Sulfate) 5 mcg **

Silicon (as Silicon Dioxide) 2 mg **

Tin (as Stannous Chloride) 10 mcg **

Vanadium (as Sodium Metavanadate) 10 mcg **

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose. Contains <2% of: Cellulose Coating, FD&C Blue #2 Lake, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Gelatin, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.