

06014NL

Best by:



Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Lot No:

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Thiamin (Vitamin B1) (as thiamine HCl, thiamine cocarboxylase chloride)	50 mg 3,333%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg 2,941%
Niacin (as Inositol hexanicinate) Vitamin B6 (as pyridoxine HCl, pyridoxal 5' phosphate, pyridoxine alpha- ketoglutarate HCl)	100 mg 500% 80 mg 4,000%
Folate (as folic acid, (RS)-5-Methyltetrahydrofolate- glucosamine salt)	800 mcg 200%
Vitamin B12 (as dibenzoyl, methylcobalamin)	500 mcg 8,333%
Biotin (as d-Biotin)	200 mcg 67%
Pantothenic Acid (as pantothenic calcium d-pantothenate)	50 mg 500%
Inositol (from Inositol Hexanicinate)	26 mg *
Phosphatidylcholine (from Soy Lecithin)	40 mg *
PABA (para-aminobenzoic acid)	50 mg *
alpha-Lipoic Acid	100 mcg *

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, L-leucine. Contains soy.

This product has been manufactured at a GMP Registered facility.

Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,662 CAS# 1181972-37-1

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-98° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge,
NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6418

Coenzyme B-Complex contains essential B vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years now includes Methylfolate (Quatrefolic®) – a new and improved Fourth Generation of folate. And as always, you don't need to worry about the typical Vitamin B taste or odor.

YES CERTIFIED GLUTEN FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST OR WHEAT
NO MILK OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLOR
NO MAGNESIUM STEARATE

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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— 1971 —
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COENZYME B-COMPLEX CAPS

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Supplement **60** Vegetarian
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