



Complete Multi-Vitamin

- Orchard Fruits™/Garden Veggies™ dried blend (100 mg)
- High Potency B-Vitamins convert food to energy*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimized for Women 50+

Specially balanced to support:



Energy*



Heart Health*



Bones*



Immunity*



Eyes*



Cellular Health*

High Potency
100%+ Daily Value
of 19 essential vitamins & minerals

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Alive!

WOMEN'S 50+

MULTI-VITAMIN • MULTI-MINERAL

ONCE DAILY

Provides essential nutrients to help support:

METABOLISM* B-Vitamins	HAIR, SKIN & NAILS* Vitamin C • Biotin
BONE HEALTH* Boron • Calcium • Folic Acid Magnesium • Manganese Vitamin D • Vitamin K	EYE HEALTH* Beta Carotene (Vitamin A) Vitamin C • Vitamin E Lutein • Zinc
ENERGY* B-Vitamins • Magnesium Vitamin C • Vitamin E	CELLULAR HEALTH* Copper • Selenium • Vitamin A Vitamin C • Vitamin E • Zinc
HEART HEALTH* B-Vitamins • Vitamin C Vitamin E	IMMUNE DEFENSE* Selenium • Vitamin A Vitamin C • Vitamin D • Zinc

GLUTEN FREE. No sugar, salt, soy, yeast, wheat, dairy products or artificial flavoring.

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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Questions? 1-800-SNATURE / helpline.com

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HIGH POTENCY Multi-Vitamin

100%+ DV of 19 Vitamins/Minerals

Recommendation: Take 1 tablet daily, preferably with food. If you are pregnant, nursing or taking any medications, consult a healthcare professional before use. Not formulated for use in men or children. Do not exceed recommended use.

Supplement Facts

Amount Per Serving	% DV
Vitamin A (1,500 IU) (30% as beta carotene)	100%
Vitamin C	90 mg 150%
Vitamin D	1,000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (Vitamin B1)	4.5 mg 300%
Riboflavin (Vitamin B2)	3.4 mg 200%
Niacin (Vitamin B3)	20 mg 100%
Vitamin B6	6 mg 300%
Folic Acid (Vitamin B9)	400 mcg 100%
Vitamin B12	100 mcg 1,667%
Biotin (Vitamin B7)	300 mcg 100%
Pantothenic Acid (Vitamin B5)	15 mg 150%
Calcium	500 mg 50%

Amount Per Serving	% DV
Iodine	150 mcg 100%
Magnesium	50 mg 13%
Zinc	22.5 mg 150%
Selenium	70 mcg 100%
Copper	2 mg 100%
Manganese	4 mg 200%
Molybdenum	75 mcg 100%

Amount Per Serving	% DV
Orchard Fruits™ & Garden Veggies™ Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumbers, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Lutein	300 mcg **
Boron	150 mcg **

**Daily Values (DV) not established.

Ingredients: Calcium Carbonate, Cellulose, Orchard Fruits™ and Garden Veggies™ Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Asparagus, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumbers, Grape, Pea, Pineapple, Pumpkin, Spinach), Ascorbic Acid (Vitamin C), Magnesium Oxide, D-alpha Tocopherol Acetate (Vitamin E), Sodium Croscarmellose, Stearic Acid, Zinc Oxide, Nicotinic Acid (Vitamin B3), Hydroxypropyl Cellulose, Polydextrose, D-Calcium Pantothenate (Vitamin B5), Titanium Dioxide Color, Magnesium Stearate, Hydroxypropyl Cellulose, Manganese Sulfate, Cyanocobalamin (Vitamin B12), Vitamin A Acetate, Pyridoxine Hydrochloride (Vitamin B6), Sodium Selenate, Biotin (Vitamin B7), Thiamin Mononitrate (Vitamin B1), Copper Sulfate, Silica, Beta Carotene (Vitamin A), Folic Acid (Vitamin B9), Talc, Riboflavin (Vitamin B2), Sodium Borate, Cholecalciferol (Vitamin D3), Medium Chain Triglycerides, Lutein (Actec Marigold Extract (flower)), Potassium Iodide, Carmine Color

CAFFEINE-FREE



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