



RapidRelief™



# Black Elderberry Syrup

Immune support  
for the whole season\*

Super concentrated  
Daily serving only 1 teaspoon

Alcohol free herbal syrup  
Great for the whole family

meetyourherbs®  
SEE BACK OF BOX TO LEARN HOW

3 fl oz. (90ml)  
DIETARY SUPPLEMENT

## Suggested Use

Adults: 1 teaspoon daily

Children age 2-12: ½ teaspoon daily\*

### For Additional Support

Adults: 1 teaspoon, 2 times daily\*

Children age 2-12: ½ teaspoon, 2 times daily\*

Refrigerate after opening.

Shake well before use.

Alcohol free herbal syrup.

*\*Or as directed by a qualified health care practitioner.*

## Supplement Facts

Serving Size: 1 teaspoon (5 ml)

Servings per Container: 32

|                                                                                               | Amount<br>Per Serving | %Daily<br>Value** |
|-----------------------------------------------------------------------------------------------|-----------------------|-------------------|
| Calories                                                                                      | 18                    |                   |
| Total Carbohydrates                                                                           | 5 g                   | 1.5 %             |
| Sugars                                                                                        | 4 g                   | †                 |
| Organic Black Elderberry                                                                      | 1900 mg               | †                 |
| [Sambucus nigra] juice concentrate,<br>equivalent to 14.5 g (14,500 mg)<br>fresh elderberries |                       |                   |
| Organic Acerola fruit                                                                         | 148 mg                | †                 |
| [Malpighia glabra] extract                                                                    |                       |                   |
| Vitamin C<br>(from Organic Acerola)                                                           | 13 mg                 | 21%               |

†† Percent Daily Values are based on a 2,000 calorie diet.  
† Percent Daily Value not established.

Other ingredients: Organic sugar cane,  
water, lemon juice.

100% NATURAL

Product of Italy:  
Manufactured for  
Gaia Herbs by  
Aroma S.p.A. - Italy  
Distributed by:

Gaia Herbs, Inc.  
101 Gaia Herbs Dr.,  
Brevard, NC 28712  
GaiaHerbs.com

Not to be used during pregnancy or lactation, if you have a medical condition or are taking medications, please consult with your health care practitioner before using this product. Keep out of reach of children. Do not use if safety seal is broken.