

APPLE PEAR
NATURALLY & ARTIFICIALLY FLAVORED

MET-Rx

ISO-30

Zero Sugar[◇]
30G PREMIUM
WHEY ISOLATE

Water-Based Protein Drink
16.9 FL. OZ. (500 mL)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

POST-WORKOUT
FREE OF ARTIFICIAL COLOR

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FREE OF ARTIFICIAL COLOR

MET-Rx ISO-30 is a high quality, carb-controlled water-based protein drink. It is packed with 30g of 100% Premium & Ultrafiltered Whey Protein Isolate to give you a quick, easy and delicious protein option.

*Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

30g Whey Protein Isolate:

- Supports Lean Muscle Mass & Strength*
- Supports Protein Synthesis*
- Naturally Occurring BCAAs and other essential amino acids from protein
- Ultrafiltered to reduce Lactose, Carbs and impurities

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

◇Not a reduced calorie food

KEEP OUT OF REACH OF CHILDREN. STORE UNOPENED CONTAINER AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT. DO NOT USE IF CAP IS BROKEN.

REFRIGERATE AFTER OPENING

SHAKE WELL BEFORE USE

Manufactured in the USA for MET-Rx Nutrition, Inc.
Boca Raton, FL 33487

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Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

MET-Rx
YOU CAN'T FAKE STRONG[®]



DIRECTIONS: For adults, drink one (1) bottle immediately after your workout, or any time throughout the day to increase your daily protein intake.

Nutrition Facts

Serving Size 1 Bottle (16.9 fl. oz.) (500 mL)

Amount Per Serving		Calories from Fat 10
		%Daily Value*
Calories 140		
Total Fat 1g		2%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 120mg		5%
Potassium 240mg		7%
Total Carbohydrate 1g		<1%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 30g		60%
Vitamin A 0%		Vitamin C 0%
Calcium 15%		Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Water, Whey Protein Isolate, Phosphoric Acid, Natural and Artificial Flavors, Malic Acid, Sucralose, Potassium Sorbate (preservative), Acesulfame Potassium.

Contains milk ingredients.

CA CASH REFUND ME 5¢

Centerline

Fold

Centerline

Fold

4mm Graphic, Varnish & Ink Free

Smart Copy-Free Area

1mm Copy Free Area

1mm Graphic Varnish & Ink Free