JUST 3 TABLETS DAILY DELIVERS:

- 3G ARGININE BLEND
- SUSTAINED-RELEASE DELIVERY^{*}

DIRECTIONS: Take 3 Opti-Pump N.O.™ tablets with a large glass of water to facilitate swallowing and delivery.

SUGGESTED USE: Take 1-3 servings of Opti-Pump N.O.™ daily.

FOR MAXIMUM RESULTS: (1) Take Opti-Pump N.O™ in conjunction with a healthy diet and exercise program, (2) Drink at least 8 glasses of water throughout the day, (3) Consume enough protein to meet your daily protein requirements.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.



SUSTAINED RELEASE BLEND* SUSTAINED-RELEASE ARGININE MATRIX*

TABLETS

ACTIVE INGREDIENTS

OTHER INGREDIENTS: Stearic Acid, Magnesium Stearate. Pharmaceutical Glaze.

Supplement Facts

Calcium Carbonate, Microcrystalline Cellulose, Croscarmellose Sodium, METHOCEL™ (Hydroxypropyl Methylcellulose), Silica

L-Citrulline Malate, Quercetin Dihydrate, American Ginseng Extract (Panax quinquefolius)(root)(standardized for 2% ginsenosides). L-Histidine, Rhodiola Extract (Rhodiola rosea)(root)(standardized for

3% rosavins. 1% salidrosides), L-Norvaline, Cnidium monnieri Extract

(Fruit), Pomegranate Concentrate Powder, Cocoa Extract (standardized

MANUFACTURED BY OPTIMUM NUTRITION, INC.

975 Meridian Lake Dr. 1 (800) 705-5226 Aurora, IL 60504

Serving Size 3 Tablets Servings Per Container 60

Sustained-Release Blend A

Onti-Pump N O ™ Blend*

for 6% theobromine)

* Daily Value not established

Arginine Blend (as A-AKG, L-Arginine)

Amount Per Serving

TrueStrength.com

METHOCEL™ is a trademark of DOW Chemical Company.

TRUE STRENGTH WWW.OPTIMUMNUTRITION.COM



3 a

1.5 a







% Daily Value

O MG CAFFEINE

