

MET-Rx® SUPER JOINT GUARD

Heavy lifting puts extreme stress on your muscles and joints, which is why it's essential to provide your body with the firepower it needs to come back bigger and stronger.

Specifically designed for bodybuilders and athletes, MET-Rx® Super Joint Guard combines time-tested nutrients to help build joint cartilage, support mobility and soothe overworked joints.* Each serving provides important components found within the joint structure - such as Glucosamine and Chondroitin, along with Omega 3 & 6 essential fatty acids.

If you take a protein supplement every day to build your muscles, make sure to stack it with MET-Rx® Super Joint Guard to help build your cartilage - so you can unleash the pain on the weights, not on your joints.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS:

For adults, take three (3) softgels once daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



» **Super Joint Guard Blend to Help Build Cartilage***
Glucosamine, Chondroitin, MSM

» **Ultra Omega 3-6-9 Blend**
Flaxseed, Evening Primrose Oil, Fish Oil

120 RAPID RELEASE SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	35	
Calories from Fat	20	
Total Fat	2 g	3%**
Polyunsaturated Fat	1 g	***
Total Carbohydrate	1 g	<1%**
Protein	1 g	3%**
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin E (as d-Alpha Tocopherol Acetate)	10 IU	33%
Manganese (as Manganese Aspartate)	3 mg	150%
Sodium	50 mg	2%

Super Joint Guard Proprietary Blend	2,850 mg (2.85 g)	***
Glucosamine Sulfate • 2KCl		***
MSM (Methylsulfonylmethane), Chondroitin Sulfate		***
Ultra Omega 3, 6, 9 Proprietary Blend:	300 mg	***
Evening Primrose Oil (seed)		***
Cis-Linoleic Acid (LA)	109.5 mg	***
Gamma-Linolenic Acid (GLA)	13.5 mg	***
Flaxseed Oil		***
which typically contains:		***
Alpha-Linolenic Acid	35.1 mg	***
Linoleic Acid	9 mg	***
Oleic Acid	10.5 mg	***
Fish Oil		***
provides 22.5 mg of Omega-3 Fatty Acids, comprising of:		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Boron (as Boron Citrate)	3 mg	***

*Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Caramel Color.

Contains soy, fish (sardine, anchovy, mackerel) and shellfish (shrimp) ingredients.

MET-Rx®
Shaping Every Body.™

Manufactured in the USA by MET-Rx Nutrition, Inc.
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Questions? Call toll free 1-800-55-MET-Rx

To learn more, please go to www.MET-Rx.com

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