

## Supplement Facts

Serving Size 1 pouch (5g) Servings per container 15

	Amount Per Pouch	% DV
Proprietary Organic Blend	5g	
Organic Turmeric (rhizome)		†
Organic Ginger (rhizome)		†

† Daily Value (DV) not established.

### GLUTEN FREE - KOSHER

Turmeric is one of the most studied botanicals in modern science. Turmeric has traditionally been used to support:

- Digestive Function\*
- Heart Health\*
- Healthy Immune Response\*
- Joint and Muscle Health\*

PRODUCT OF INDIA FOR EXPORT Mfg. Lic. No. A-2755

DISTRIBUTED BY: ORGANIC INDIA USA

BOULDER, CO 80301 USA 1-888-550-8332

[organicindia.com](http://organicindia.com)

MANUFACTURED BY: ORGANIC INDIA Pvt. Ltd.

Factory: Plot No. 266, Faizabad Road, Kamta,

P.O.Chinhat, Lucknow-226028, U.P. INDIA

To enjoy while pregnant or nursing, consult a physician before use.

**WARNING (CA Prop 65):** This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more info visit: <http://us.organicindia.com/proposition-65>

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BATCH NO.:

MFD.:

BEST FOR USE BEFORE:

US011605A



Product processed as per COS standards & Certified Organic by Aditi Organic Certification Pvt. Ltd.



  
ORGANIC  
INDIA™



*Love and  
Consciousness  
in Action*

- We work with and empower small family farmers in India cultivating regenerative organic farmland.
- We ethically purchase herbs from farmers giving them the respect and dignity they deserve.
- By purchasing ORGANIC INDIA products you are actively participating in our mission to create a healthy and sustainable global environment.

  
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**TURMERIC**  
*Lift*

Joint Mobility & Support  
Superherb Powder



DIETARY SUPPLEMENT 15-.18 OZ. (5g) PACKS NET WT. 2.7 OZ. (75g)

  
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Add one packet to your favorite beverage, smoothie or soup. Mix well or blend. Consume with healthy fats for optimal absorption.

*Turmeric Latte*

- 1 pouch ORGANIC INDIA Turmeric Lift
  - 1 tablespoon Coconut Sugar
  - 2 teaspoons Coconut Oil
  - 1 pinch Sea Salt
  - 1 cup Almond Milk.
1. Combine ORGANIC INDIA Turmeric Lift, Coconut Sugar, Coconut Oil and a pinch of Sea Salt in a powerful blender.
  2. Heat Almond Milk in a small saucepan over medium heat until just simmering.
  3. Pour the hot Almond Milk into the blender and blend everything until smooth and frothy.