

Best by:

Directions: Adult males take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	10,000 IU, 200%
Vitamin C (as calcium ascorbate, ascorbyl palmitate)	300 mg, 500%
Vitamin D (D ₂ as cholecalciferol)	500 IU, 50%
Vitamin E (D- α -tocopherol, acid succinate)	400 IU, 1,333%
Vitamin K (as phytylquinone)	50 mcg, 63%
Vitamin K (as phylloquinone)	25 mcg, 1,667%
Thiamine (Vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	25 mg, 1,471%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5-phosphate)	100 mcg, 500%
Niacin (as niacinamide, niacin, inositol hexanicoinate)	25 mg, 1,250%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5-phosphate)	800 mcg, 8,333%
Folic Acid	300 mcg, 100%
Vitamin B12 (as cobalamin)	250 mcg, 2,500%
Biotin (as D-biotin)	100 mcg, 10%
Pantothenic Acid (as calcium D-pantothenate, pantothenic acid)	21 mg, 2%
Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium D-pantothenate, calcium citrate, d-calcium phosphate)	225 mcg, 150%
Phosphorus (as calcium hydroxyapatite, d-calcium phosphate)	200 mg, 50%
Iodine (as kelp)	30 mcg, 200%
Magnesium (as magnesium rice chelate, rice flour based, coedit)	200 mcg, 286%
Zinc (as zinc monomethionine)	1 mg, 50%
Selenium (as L-selenomethionine)	5 mcg, 250%
Copper (as copper citrate)	200 mcg, 167%
Manganese (as manganese citrate)	50 mcg, 67%
Chromium (as chromium picolinate)	99 mcg, 3%
Molybdenum (as molybdenum citrate)	100 mcg, 200%
Potassium (as potassium citrate)	100 mg, 100%
Beuthero Extract (<i>Beutherothoccus seneciosus</i> (root) (Siberian ginseng) (0.8% electrophosides equal to 0.8 mg)	100 mg, 100 mg.
Inositol (as inositol, inositol hexanicoinate)	50 mg.
Saw Palmetto Extract (berry)	45 mg.
(48% fatty acids equal to 22.5 mg)	25 mg.
Choline (from 100 mg choline bitartrate)	25 mg.
Grape Seed Extract (providing tannoid compounds 95% total polyphenols equal to 23.75 mg)	25 mg.
Grape Skin Extract (25% polyphenols equal to 6.25 mg including procyanitangens)	20 mg.
Enzyme Blend	618 HLU
providing:	212 DLU
Protease (from <i>Aspergillus oryzae</i>)	226 LU
Amylase (from <i>Aspergillus oryzae</i>)	2.5 C.U.
Cellulase (from <i>Aspergillus oryzae</i>)	61.8 Lac.U
Lactase (from <i>Aspergillus oryzae</i>)	15.2 mg
Organic Aloe Vera (ACT) (inner fillet leaf)	10 mg.
Betaine (from 20 mg betaine hydrochloride)	10 mg.
(10% leucin esters equal to 1 mg)	10 mg.
Phytase (from <i>Aspergillus niger</i>)	10 mg.
Tomato Extract (10% lutein esters equal to 1 mg)	1 mg.
Boron (as boron citrate)	1 mg.
Daily Value not established.	

Other Ingredients: Cellulose, stearic acid, silica, starch, cellulose & glycerin coating, magnesium stearate, maltodextrin, natural flavors, sunflower oil, vegetable glaze.

+ Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store between 59°-86° F.

Keep out of the reach of children.

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Manufactured by Country Life, LLC

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180 Vanderbilt Motor Parkway

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Hauppauge, NY 11788 (USA)

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CountryLifeVitamins.com

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H.U. - Haemoglobin Units
Lac.U. - Lactase Units
L.U. - Lipase Units

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGETARIAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
NO WHEAT, MILK OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

A multivitamin and multimineral complex that includes key nutrients for men's health such as "coenzymated" B vitamins for energy metabolism and magnesium for heart health plus Saw Palmetto and Lycopene.** Max for Men® uses Country Life's exclusive Maxi-Sorb® delivery system.

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

CAUTION: This product is intended for men. Not for use by pregnant or lactating women. If you are diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Certified Gluten-Free **IRON FREE**

MULTIVITAMIN & MINERAL COMPLEX

- Magnesium for heart health**
- Includes Saw Palmetto and Lycopene
- Coenzyme B Vitamins for energy metabolism**

MAXI-Sorb
Delivery System

Dietary Supplement **120** Tablets

120 Tablets

— *Our* PLEDGE *of* INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country®
Life**