



Directions: For adults, take three (3) softgels daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Phospha-Mind Gold

Phosphatidylserine Complex

Supports a Healthy Mind*

- non-GMO
- gluten free
- non-irradiated

Dietary Supplement
**90 Rapid Release
Softgels**

Supplement Facts

Serving Size 3 Softgels

Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	25	
Calories from Fat	15	
Total Fat	2 g	3%**
Total Carbohydrate	<1 g	<1%**
Protein	1 g	2%**
Soy Phospholipid Complex	1,500 mg (1.5 g)	***
(Standardized to contain 20% Phosphatidylserine, 300 mg)		***
DHA (from 44.7 mg Fish Oil)	10 mg	***
Ginkgo Biloba Extract (<i>Ginkgo biloba</i>) (leaf)	120 mg	***
(Standardized to contain 24% Ginkgo Flavone Glycosides, 28.8 mg)		***
Acetyl L-Carnitine Hydrochloride	10 mg	***
Gotu Kola Extract 6:1 (<i>Centella asiatica</i>) (leaf)	10 mg	***
Choline Bitartrate	10 mg	***
Vinpocetine	100 mcg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soybean Oil, Natural Caramel Color.

Contains soy and fish (tuna) ingredients.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

Manufactured by
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