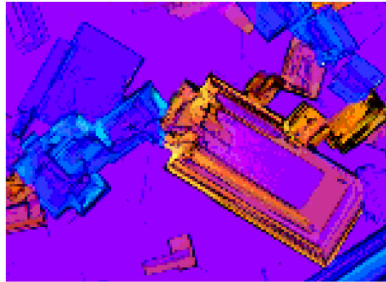


THORNE

R E S E A R C H



BASIC DETOX NUTRIENTS

360 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: Twelve Capsules
Servings Per Container: 30

Twelve Capsules Contain:	% DV	Twelve Capsules Contain:	% DV	Twelve Capsules Contain:	% DV
Vitamin A (25,000 IU from Beta Carotene and 2,500 IU as Palmitate)	27,500 IU 550%	Biotin	400 mcg 133%	N-Acetyl-L-Cysteine	200 mg *
Vitamin D (as Vitamin D3)	1,600 IU 400%	Pantothenic Acid (as Calcium Pantothenate)	400 mg 4,000%	Methyl Sulfonyl Methane (MSM)	100 mg *
Vitamin E (as d-Alpha Tocopheryl)	400 IU 1,333%	Calcium (60 mg as Calcium Ascorbate, 120 mg as Calcium Citrate, and 120 mg as Calcium Malate)	300 mg 30%	Silybin Phytosome†† (<i>Silybum marianum</i> extract (fruit) / Phosphatidylcholine complex)	100 mg *
Vitamin K (as Vitamin K1)	100 mcg 125%	Iodine (as Potassium Iodide)	150 mcg 100%	Curcumin Phytosome†† (<i>Curcuma longa</i> extract (root) / Phosphatidylcholine complex from Sunflower)	100 mg *
Vitamin C (as Calcium Ascorbate)	1 g 1,667%	Magnesium (240 mg as Magnesium Citrate and 240 mg as Magnesium Malate)	480 mg 120%	Inositol	60 mg *
Thiamin (as Thiamin HCl)	200 mg 13,333%	Zinc (as Zinc Picolinate)	30 mg 200%	Green Tea Phytosome†† (<i>Camellia sinensis</i> extract (leaf) / Phosphatidylcholine complex)	50 mg *
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	50 mg 2,941%	Selenium (as L-Selenomethionine)	200 mcg 286%	R-Lipoic Acid (as Sodium R-Lipoic Acid)††	50 mg *
Niacin (100 mg as Niacinamide and 30 mg as Niacin)	130 mg 650%	Manganese (as Manganese Picolinate)	6 mg 300%	Dandelion extract (root) (<i>Taraxacum officinale</i>)	10 mg *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	100 mg 5,000%	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)†	200 mcg 167%	Boron (as Boron Picolinate)	3 mg *
Folate (500 mcg as Calcium Folate and 500 mcg as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	1 mg 250%	Molybdenum (as Molybdenum Picolinate)	100 mcg 133%	Lutein (from Aztec Marigold extract (flower) (<i>Tagetes erecta</i>))	288 mcg *
Vitamin B12 (225 mcg as Adenosylcobalamin and 225 mcg as Methylcobalamin)	450 mcg 7,500%	Potassium (36 mg as Potassium Citrate and 36 mg as Potassium Malate)	72 mg 2%	Vanadium (as Vanadium Picolinate)	100 mcg *
		Choline Citrate	300 mg *	*Daily Value (DV) not established.	

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

Contains ingredients derived from soy (Green Tea Phytosome and Silybin Phytosome).

Suggested Use: Take 6-12 capsules daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product.

†This product uses Albion's TRAACS® Chromium Nicotinate Glycinate chelate. TRAACS is a registered trademark of Albion International, Inc.

†† This product uses GeroNova Research's Bio-Enhanced® R-Lipoic Acid and Indena S.p.A.'s silybin phytosome (Siliphos®), curcumin phytosome (Meriva®) and green tea phytosome (Greenselect®). Bio-Enhanced is a registered trademark of GeroNova Research, Inc., and Siliphos, Meriva, and Greenselect are registered trademarks of Indena S.p.A. Taraxacum PE 4:1.



Manufactured For: Thorne Research, Inc., P.O. Box 25, Dover, Idaho 83825 USA 1-800-228-1966 www.thorne.com



VMD
LVMD20