

Ashwagandha is a powerful adaptogenic herb used for centuries as a natural source of energy and vitality.*

Love & Consciousness in Action

- We work with & empower small family farmers in India cultivating regenerative organic farmland.
- By purchasing **ORGANIC INDIA** products you are actively participating in our mission to create a healthy & sustainable global environment.

Suggested Use: 2 capsules twice daily with food and water.
Do Not Use if Pregnant or Nursing without Consulting a Physician.
Vegan • Vegetarian • Gluten Free

*This statement has not been evaluated by the FDA; This product is not intended to diagnose, treat, cure, or prevent any disease.

Pictured is The Holy Mountain Arunachala in South India.



Ashwagandha

HEALTHY STRESS RESPONSE



Certified Organic
HERBAL SUPPLEMENT • 90 VEG CAPS



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving

† Organic Ashwagandha root (*Withania somnifera*) 800mg*

*Daily Value not established

Other Ingredients: † Organic Vegetable Pullulan Capsules

† Certified Organic Ingredients

PRODUCT OF INDIA FOR EXPORT
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BOULDER, CO 80301 USA 1-888-550-8332
organicindia.com

Mfd. by ORGANIC INDIA Pvt. Ltd.,
Plot No. 266, Faizabad Road, Kamta,
P.O. Chinhat, Lucknow-226028, U.P. INDIA

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