This formulation provides three species of mushrooms that have been part of traditional oriental health practices for 2,000 years. Reishi, Shitake and Maitake mushrooms contain naturally occurring constituents, including the natural polysaccharide known as beta alucan.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any distary supplement. Discontinue use and cansult your healthcare practitioner if any odverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bothe seal is missing or admanged.

Carefully Manufactured by: Solgar, inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A. For more information, call toll-free 1-877-SOLGAR 4, www.solgar.com ©2016 Solgar, inc.

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## REISHI SHIITAKE MAITAKE

MUSHROOM EXTRACT

GLUTEN, WHEAT & DAIRY FREE

Non-GMO SUITABLE FOR VEGANS

O VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Organic Red Reishi 100 mg\*
Mushroom Extract (Ganoderma
lucidum) (fruiting body)

Organic Shiitake Mushroom 100 mg\* Extract (Lentinula edodes) (fruiting body)

Organic Maitake Mushroom 100 mg\* Extract (4:1) (Grifola frondosa) (fruiting body)

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Magnesium Stearate.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to two times daily, preferably with meals or as directed by a healthcare practitioner.

Amount Per Serving

Organic Red Reishi 30 mg\*
Mushroom Extract (Ganoderma
lucidum) (fruiting body) (standardized
to contain 4% triterpenoids and
7% beta-alucans)

Shiitake Mushroom Extract 1.5 mg\*
(Lentinula edodes) (fruiting body)
(a 20:1 extract, equivalent to
30 mg of Shiitake mushroom)

\*Daily Value not established

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

