EXTRA STRENGTH HAIR, SKIN &NAII S

#1 BRAND FOR HAIR, SKIN & NAILS

NATURE'S BOUNTY

HEALTH & BEAUTY

With Biotin 5000 mcg per servi

150 Rapid Release Liquid Softgels

Amount Per Servin

NATURE'S BOUNTY.

NATURE'S BOUNTY.

OPTIMAL SOLUTIONS

Beauty Starts on the Inside"

Prod. No. 35710

DIRECTIONS: For adults, take three (3) softgels daily, preferably with a meal.

Supplement Facts

Serving Size 3 Softgels

Amount Per Serving		9	6Daily Value
Calories	15		
Calories from Fat	5		
Total Fat	1	g	2%**
Vitamin A (as Retinyl Palmitate)	5,000	IU	100%
Vitamin C (as Ascorbic Acid)	60	mg	100%
Vitamin D (as D3 Cholecalciferol)	800	IU	200%
Vitamin E (as d-Alpha Tocopheryl Acetate)	15	IU	50%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	5	mg	333%
Riboflavin (Vitamin B-2)	5	mg	294%
Niacin (as Niacinamide)	25	mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5	mg	250%
Folic Acid	200	mcg	50%
Vitamin B-12 (as Cyanocobalamin)	8	mcg	133%
Biotin (as d-Biotin)	5,000	mcg	1,667%
Pantothenic Acid (as d-Calcium Pantothenate)	15	mg	150%
Iron (as Ferrous Gluconate)	3	mg	17%
Zinc (as Zinc Gluconate)	7.5	mg	50%
Selenium (as Selenium Yeast)	12.5	mcg	18%
Manganese (as Manganese Gluconate)	5	mg	250%
Argan Oil <i>(Argania spinosa)</i>	25	mg	***
PABA (Para-Aminobenzoic Acid)	10	mg	***
Choline Bitartrate	10	mg	***
Alpha Lipoic Acid	10	mg	***
Horsetail (Equisetum arvense) (aerial)	3	mg	***
Hydrolyzed Collagen	50	mg	***
Hyaluronic Acid (as Sodium Hyaluronate)	30	mg	***

Percent Daily Values are based on a 2,000 calorie diet *Daily Value not established

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin. Contains <2% of: Carmine Color, Mica, Silica, Titanium Dioxide Color Contains soy and tree nut (argan) ingredients

♦ Source: Nielsen xAOC 52 weeks ending 2/20/16.

Made In The USA with select ingredients from around the world



Beauty Starts on the Inside"

At Nature's Bounty® we believe health and beauty go hand in hand. With over 40 years of making quality vitamins and more than 20 years in the

beauty business, you can trust



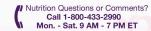
≪ Guaranteed

that every Nature's Bounty® product is backed by science, and made with only the purest ingredients...quaranteed. Beauty Starts on the Inside.™

No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose No Gluten, No Wheat, No Fish

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately



Join our Loyalty Program at NaturesBountyRewards.com

*These statements have not been evaluated by the Food and Drug prevent any disease

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🤷 NATURE'S BOUNTY.

OPTIMAL SOLUTIONS®

EXTRA STRENGTH

HAIR, SKIN &NAILS

ARGAN OIL INFUSED

HEALTH & BEAUTY

With Biotin

5000 mcg per serving

Antioxidants C & E Plus Hyaluronic Acid

150 Rapid Release Liquid Softgels

MULTIVITAMIN SUPPLEMENT

#1 BRAND FOR HAIR, SKIN & NAILS



LUSTROUS HAIR* HEALTHY NAILS* VIBRANT SKIN*



Being healthy is always beautiful. With Nature's Bounty® Optimal Solutions® Extra Strength Hair, Skin & Nails formula with Argan Oil you'll look good and feel great!* It contains just the right balance of nutrients to support lustrous hair, healthy nails and vibrant skin.*





100% Daily Value of 11 Key ingredients

This innovative formula provides you with the vital nutrients and ingredients in beauty care to support your natural beauty from within.* High potency B Vitamins help with energy metabolism and Biotin helps to maintain healthy hair and nails.* Vitamin E is an antioxidant and Vitamin C is involved in collagen production and formation, which forms the basis for vibrant skin.* Vitamin A assists with skin maintenance and overall health.*



Beauty Starts on the Inside"

Part No. 22-35710



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