



Complete Multi-Vitamin

- **Orchard Fruits™/Garden Veggies™**
dried blend (100 mg)
- **High Potency B-Vitamins**
convert food to energy*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimized for Men

Specially balanced to support:



Energy*



Heart Health*



Muscle Function*



Immunity*



Eyes*



Cellular Health*

High Potency
100%+ Daily Value
of 19 essential vitamins & minerals

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Alive!

MEN'S ENERGY
MULTI-VITAMIN • MULTI-MINERAL

ONCE DAILY

Provides essential nutrients to help support:

METABOLISM* B-Vitamins	MUSCLE FUNCTION* Magnesium • Vitamins B6 & D
BONE HEALTH* Boron • Calcium • Folic Acid Magnesium • Manganese Vitamin D • Vitamin K	EYE HEALTH* Beta Carotene (Vitamin A) Vitamin C • Vitamin E Lutein • Zinc
ENERGY* B-Vitamins • Magnesium Vitamin C • Vitamin E	CELLULAR HEALTH* Copper • Selenium • Vitamin A Vitamin C • Vitamin E • Zinc
HEART HEALTH* B-Vitamins • Vitamin C Vitamin E	IMMUNE DEFENSE* Selenium • Vitamin A Vitamin C • Vitamin D • Zinc

GLUTEN-FREE. No sugar, salt, soy, yeast, wheat, dairy products or artificial flavoring.

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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HIGH POTENCY Multi-Vitamin

100%+ DV of 19 Vitamins/Minerals

Recommendation: Take 1 tablet daily, preferably with food. If taking any medications, consult a healthcare professional before use. Not formulated for use in women or children. Do not exceed recommended use.

Supplement Facts

Amount Per Serving	% DV
Vitamin A 5,000 IU (1,500 IU [30%] as beta carotene)	100%
Vitamin C 90 mg	150%
Vitamin D 800 IU	200%
Vitamin E 45 IU	150%
Vitamin K 80 mcg	100%
Thiamin (Vitamin B1) 3 mg	200%
Riboflavin (Vitamin B2) 3.4 mg	200%
Niacin (Vitamin B3) 30 mg	150%
Vitamin B6 4 mg	200%
Folic Acid (Vitamin B9) 400 mcg	100%
Vitamin B12 18 mcg	300%
Biotin (Vitamin B7) 300 mcg	100%
Pantothenic Acid (Vitamin B5) 15 mg	150%
Calcium 200 mg	20%
Iodine 150 mcg	100%

Amount Per Serving	% DV
Magnesium 100 mg	25%
Zinc 22.5 mg	150%
Selenium 122.5 mcg	175%
Copper 2 mg	100%
Manganese 2 mg	100%
Molybdenum 75 mcg	100%
Orchard Fruits™ & Garden Veggies™ Blend 100 mg	**
Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Lycopene 600 mcg	**
Boron 150 mcg	**
Lutein 100 mcg	**

**Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Cellulose, Orchard Fruits™ and Garden Veggies™ Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach), Ascorbic Acid (Vitamin C), D-alpha Tocopheryl Acetate (Vitamin E), Sodium Chondroitin Sulfate, Nicotinamide (Vitamin B3), Hydroxypropyl Cellulose, Zinc Oxide, Stearic Acid, D-Calcium Pantothenate (Vitamin B5), Magnesium Stearate, Hydroxypropyl Cellulose, Sodium Selenate, Vitamin A Acetate, Phytolactone (Vitamin K), Silica, Sodium Molybdate, Riboflavin (Vitamin B2), Biotin (Vitamin B7), Titanium Dioxide Color, Manganese Sulfate, Lycopene, Copper Sulfate, Pyridoxine HCl (Vitamin B6), Beta Carotene (Vitamin A), Folic Acid (Vitamin B9), Thiamin Mononitrate, Sodium Borate, Talc, Cholecalciferol (Vitamin D3), Cyanocobalamin (Vitamin B12), Medium Chain Triglycerides, Potassium Iodide, Lutein (Arctic Marigold Extract (Flower)).

CAFFEINE-FREE

50 TABLETS • DIETARY SUPPLEMENT



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Serving Size 1 Tablet		
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Vitamin D 800 IU	800 IU	200%
Vitamin E 45 IU	45 IU	150%
Vitamin K 80 mcg	80 mcg	100%
Thiamin (Vitamin B1) 3 mg	3 mg	200%
Riboflavin (Vitamin B2) 3.4 mg	3.4 mg	200%
Niacin (Vitamin B3) 30 mg	30 mg	150%
Vitamin B6 4 mg	4 mg	200%
Folic Acid (Vitamin B9) 400 mcg	400 mcg	100%
Vitamin B12 18 mcg	18 mcg	300%
Biotin (Vitamin B7) 300 mcg	300 mcg	100%
Pantothenic Acid (Vitamin B5) 15 mg	15 mg	150%
Calcium 200 mg	200 mg	20%
Iodine 150 mcg	150 mcg	100%
Magnesium 100 mg	100 mg	25%
Selenium 122.5 mcg	122.5 mcg	175%
Copper 2 mg	2 mg	100%
Manganese 2 mg	2 mg	100%
Molybdenum 75 mcg	75 mcg	100%
Orchard Fruits™ & Garden Veggies™ Blend 100 mg	100 mg	**
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