

MAX Potency 3x Daily
The most potent, nutrient diverse Alive!® multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Cardio** blend • **Digestive Enzyme** blend
- **Omega 3/6/9 Fatty Acid** seed blend
- **Mushroom Mycelium Defense** blend
- **Citrus Bioflavonoid** complex



MAX B-Vitamins
to help convert food into energy*

Whole Body Nutrition
for men and women to help support:



Bones*



Cells*



Digestion*



Eyes*



Heart*



Hair/Skin/Nails*



Immunity*



Metabolism*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium Formula



Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™

with Food Based blends

Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg),
Enzymes, Bioflavonoids, EFAs

30 TABLETS • Multi-Vitamin Supplement

Recommendation: Take 3 tablets daily, preferably with food. If pregnant, nursing, taking any medications or have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenyl-alanine. Not formulated for children. Do not exceed recommended use.

Supplement Facts		
Serving Size 3 Tablets / Servings Per Container 10		
Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	<1 g	3%†
Vitamin A (67% [10,000 IU] as beta carotene and 33% [5,000 IU] as retinyl acetate)	15,000 IU	200%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K1 (as phytonadione)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	125 mg	625%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%
Biotin	325 mcg	108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg	1,250%
Calcium (as carbonate/citrate)	237 mg	24%
Iron (as ferrous bisglycinate chelate)	18 mg	100%
Iodine (as potassium iodide and from kelp powder)	153 mcg	102%
Magnesium (as oxide/citrate)	125 mg	31%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper bisglycinate chelate)	2 mg	100%
Manganese (as manganese bisglycinate chelate)	5 mg	250%
Molybdenum (as sodium molybdate)	75 mcg	100%
Sodium	5 mg	<1%
Potassium (as potassium citrate)	50 mg	1%
Daily Greens™ Blend providing Amino Acids: Spirulina, 400 mg **		
Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass, Nettle (leaf), Plantain (leaf), Wheat Grass		

Amount Per Serving		% DV
Orchard Fruits™ / Garden Veggies™ Blend 200 mg		**
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach		
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone) 100 mg		**
Digestive Enzyme Blend: Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain 100 mg		**
Omega 3/6/9 Fatty Acid Seed Blend 100 mg		**
Flax Seed Powder, Sunflower Seed Powder		
Organic: Mushroom Mycelium Defense Blend 100 mg		**
Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster Hiratake (Pleurotus ostreatus), Enokitake (Flammulina velutipes), Maitake (Grifola frondosa), Yamabushitake (Herichium erinaceus), Agarikon (Fomitopsis officinalis), Chaga (Inonotus obliquus), Himematsutake (Agaricus brasiliensis/blazei), Kowaratake (Trametes versicolor), Mesima (Phellinus linteus), Zhu Ling (Grifola umbellata)		
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones 60 mg		**
Inositol 50 mg		**
Siberian Eleuthero (Eleutherococcus senticosus) (root) 50 mg		**
Choline (as choline bitartrate) 30 mg		**
Rutin (Sophora japonica) flower bud extract 25 mg		**
Lutein (from marigold) 500 mcg		**
†Percent Daily Values (DV) are based on a 2,000 calorie diet.		
**Daily Value not established.		

Other ingredients: vegetable cellulose, vegetable stearic acid, vegetable modified cellulose gum, vegetable modified cellulose, silica, vegetable magnesium stearate, vegetable glycerin

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Questions? 1-800-9NATURE / naturesway.com

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE. No sugar, yeast, wheat, soy, artificial colors, flavors or preservatives. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.



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