

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

NATURE'S BOUNTY®

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Oxide)	250 mg	63%

Other Ingredients: Microcrystalline Cellulose, Cross-Linked Cellulose Gum. **Contains <2% of:** Hydroxypropylmethyl Cellulose, Silicon Dioxide, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

Suitable for Vegetarians

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon.- Sat. 9 AM - 7 PM ET

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Magnesium

250 mg



H3 67236 B51484 00A

60 tablets

DIETARY SUPPLEMENT