



COMPLETE NUTRITION

Alive!® Ultra-Shake™ is packed with Vitamins, Minerals, Orchard Fruits™ and Garden Veggies™,† Protein, Fiber, Green Foods, Omega 3/6/9 Fatty Acids, Enzymes, Mushrooms, Antioxidants and more!

PREMIUM PEA PROTEIN

Contains easily digested Pea Protein Isolate complete with naturally-occurring amino acids, plus a lower allergen potential than soy or whey sources.

WHOLE BODY BENEFITS

Provides an abundance of essential daily nutrients to support healthy:

ENERGY & METABOLISM*	
BONES*	COLON*
DIGESTION*	EYES*
HEART*	IMMUNITY*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

±200 mg fruit/vegetable powder, extract and dried juice

NON-GMO
PEA
PROTEIN



Vegetarian
Formula

Alive!

ultra-Shake™

Vanilla

DELICIOUS FLAVOR

WHOLE FOOD ENERGIZER™

Vitamins • Minerals • Protein • Fiber
Orchard Fruits™ & Garden Veggies™† • Green Foods
EFAs • Mushrooms • Enzymes • Antioxidants

NET WT. 20 OZ (1.3 lbs / 557 g) • DIETARY SUPPLEMENT

Recommendation: As a dietary supplement, add 1 heaping scoop to 8 fluid ounces of cold water, milk or juice (scoop included). Shake or stir until smooth. Mixes instantly, no blender required. Intended to be taken once daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Do not exceed recommended use. This product contains the amino acid phenylalanine. **Keep tightly sealed and out of reach of children.** Store in a cool, dry place.

Supplement Facts

Serving Size 1 Scoop (37 g) / Servings per Container 15

Amount Per Serving	% DV
Calories	120
Calories from Fat	5
Total Carbohydrate	15 g 59%†
Dietary Fiber	4 g 16%†
Sugars	9 g **
Protein	15 g 30%†
Vitamin A (33% [5,000 IU] as retinyl acetate, 67% [10,000 IU] as beta carotene)	15,000 IU 300%
Vitamin C (ascorbic acid)	1 g 1667%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1667%
Riboflavin (Vitamin B2)	25 mg 1471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3333%
Biotin	325 mcg 108%
Pantothenic Acid (as d-calcium pantothenate)	125 mg 1250%
Calcium (as citrate/carbonate)	250 mg 25%
Iron (from pea protein)	2 mg 11%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as citrate/oxide)	125 mg 31%
Zinc (as amino acid chelate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as amino acid chelate)	2 mg 100%
Manganese (as amino acid chelate)	5 mg 250%
Chromium (as picolinate)	250 mcg 208%
Molybdenum	75 mcg 100%
Sodium	210 mg 9%
Potassium (as amino acid chelate)	50 mg 1%
Pea Protein (non-GMO isolate) providing amino acids: Glutamic acid, Aspartic acid, Arginine, Leucine, Lysine, Phenylalanine, Serine, Valine,	14 g **

Amount Per Serving	% DV
Isoleucine, Proline, Alanine, Glycine, Threonine, Tyrosine, Histidine, Methionine, Cysteine, Tryptophan	
Multi-Fiber Blend:	3.5 g **
Oat Fiber; Chicory (root) Extract; Xanthan Gum	
Green Food/Spirulina Blend:	550 mg **
Spirulina (microalgae); Alfalfa (leaf); Kelp/Bladderwrack (thallus); Barley Grass (grass); Dandelion (leaf); Lemon Balm (leaf); Wheat Grass (grass); Lemon Grass (grass); Nettle (leaf); Blessed Thistle (stem, leaf, flower); Chlorella (broken-cell microalgae); Plantain (leaf); Blue Green Algae (microalgae); Cilantro (leaf)	
Citrus Bioflavonoid Complex (from lemon, sweet orange, bitter orange, grapefruit) providing: Hesperidin, Eriocitrin, Naringin, Narirutin, Flavones and Flavonols	100 mg **
Garden Veggies™ Powder Blend:	100 mg **
Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic	
Orchard Fruits™ Blend:	100 mg **
Pomegranate (seed); Açai (whole palm fruit) Extract; Powders: Grape Juice; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Pineapple	
Organic Mushroom Defense Blend:	100 mg **
Oyster Hiratake; Reishi; Shiitake; Maitake; Yamabushitake; Agarikon; Chaga; Himematsutake; Kewaratake; Mesima; Zhu Ling	
Digestive Enzyme Blend:	100 mg **
Concentrated Enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase); Betaine HCl; Bromelain (from pineapple); Papain (from papaya)	
Omega 3/6/9 Fatty Acid Seed Blend:	100 mg **
Flax Seed Powder (dry); Sunflower Seed Powder (dry)	
Siberian Eleuthero (root)	50 mg **
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin	25 mg **
Boron (as amino acid chelate)	1 mg **
Lutein (from marigold)	200 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: Crystalline fructose, Natural vanilla flavor with other natural flavors, Natural caramel flavor with other natural flavors, Luo han guo extract

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No artificial flavors, colors or preservatives. No soy, yeast, wheat grain, milk, lactose or dairy products. Sold by weight, not volume.



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