

Best by:



Lot No:

Directions: Adult females take four (4) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	5,000 IU ... 100%
Vitamin C (as ascorbic acid, ascorbyl palmitate)	300 mg ... 500%
Vitamin D (as ergocalciferol)	200 IU ... 50%
Vitamin E (as d-alpha tocopheryl acid succinate)	200 IU ... 667%
Vitamin K (as phylloquinone)	50 mcg ... 63%
Thiamin (Vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	25 mg ... 1,667%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5-phosphate)	25 mg ... 1,471%
Niacin (as niacinamide, inositol hexanicotinate)	30 mg ... 150%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5-phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	100 mg ... 5,000%
Folic Acid	800 mcg ... 200%
Vitamin B12 (as cyanocobalamin)	500 mcg ... 8,333%
Biotin (as d-biotin)	300 mcg ... 100%
Pantothic Acid (as calcium d-pantothenate, pantothenic acid)	200 mg ... 2,000%
Calcium (as calcium hydroxyapatite, calcium citrate, calcium phosphate)	100 mg ... 10%
Iron (as ferrous ascorbate, iron bisphosphate)	9 mg ... 50%
Phosphorus (as calcium hydroxyapatite, disodium phosphate)	41 mg ... 4%
Iodine (as Kelp)	225 mcg ... 150%
Magnesium (as magnesium rice chelate, zinc four bases)	300 mg ... 75%
Selenium (as L-selenomethionine)	15 mcg ... 100%
Copper (as copper citrate)	100 mcg ... 143%
Manganese (as manganese citrate)	1 mg ... 50%
Zinc (as zinc monomethionine)	5 mg ... 100%
Molybdenum (as molybdenum citrate)	120 mcg ... 67%
Potassium (as potassium citrate)	99 mg ... 3%
Herbs (as treated, anethol hexanoidate):	
L-lysine (as L-lysine)	100 mg
Choline (as Choline Bitartrate)	100 mg
Choline (as Choline Bitartrate)	50 mg
Choline (as Choline Bitartrate)	46 mg
Organic Acai (Asiatic Acid) (Inner Filler) (leaf)	40 mg
Ashwagandha Extract (8:1 (root))	25 mg
(1.5% polyphenols equal to 0.375 mg)	
Grape Seed Extract (providing flavonoid compounds - 95% total polyphenols equal to 23.75 mg)	
Grape Skin Extract (25% polyphenols equal to 6.25 mg including procyanidin)	
Probiotic Blend (Aspergillus niger, Aspergillus oryzae)	20 mg
Providing:	
Protease	618 IU
Amylase	212 IU
Lipase	26 IU
Cellulase	25 IU
Lactase	93.6 IU
Biotin (from 20 mg biotinate hydrochloride)	15.2 mg
Hydrolyzed Extract (lower) (5% biotin esters equal to 0.5 mg)	10 mg
Hydrolyzed Extract (higher) (5% biotin esters equal to 0.5 mg)	10 mg
Boron (as boron citrate)	1 mg

*Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate, silica, maltodextrin, starch, sunflower oil.

CAUTION: Not to be used during pregnancy, if you are nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com

Product No. 8125

ACTiValoe® chromax®

H.U.- Haemoglobin Units Lac.U.- Lactase Units L.U.- Lipase Units
C.U.- Cellulase Units D.U.- Dextrinizing Units

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED VEGAN BY THE AVA
YES CERTIFIED GLUTEN-FREE BY GFCD.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO WHEAT, SOY OR MILK
NO PRESERVATIVES OR ARTIFICIAL COLORS OR ARTIFICIAL FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Certified Gluten-Free

MULTIVITAMIN & MINERAL COMPLEX

- Includes Ashwagandha, Chaste Tree Berry, and Grape Seed Extracts
- Includes Coenzyme B Vitamins for energy metabolism**

MAXI-Sorb®
Delivery System



Dietary Supplement **120** Vegan Capsules

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