

Recommendation: Adults/children 4 years of age and older, chew 3 gummies daily.

Supplement Facts

Serving Size 3 Gummies
Servings Per Container 30

Amount Per 3 Gummies	% DV
Calories	25
Total Carbohydrate	8 g 3%†
Sugars	8 g **
Vitamin A (as retinyl palmitate)	5,000 IU 100%
Vitamin C (ascorbic acid)	75 mg 125%
Vitamin D (as cholecalciferol)	600 IU 150%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 IU 75%
Thiamin (B1) (as thiamin HCl)	750 mcg 50%
Riboflavin (B2)	850 mcg 50%
Niacin (B3) (as niacinamide)	10 mg 50%
Vitamin B6 (pyridoxine HCl)	3 mg 150%
Folic Acid (B9)	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	12 mcg 200%

Other Ingredients: Dried Cane Syrup, Organic Tapioca Syrup, Pectin, Citric Acid, Sodium Citrate, Colors (maqui berry, black carrot, beta carotene), Natural Cherry Flavor with Other Natural Flavors, Natural Grape Flavor with Other Natural Flavors, Fractionated Coconut Oil (non-hydrogenated), Beeswax, Natural Orange Flavor with Other Natural Flavors

Amount Per 3 Gummies	% DV
Biotin (B7)	300 mcg 100%
Pantothenic Acid (B5) (as calcium d-pantothenate)	10 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc citrate)	7.5 mg 50%
Orchard Fruits™ & Garden Veggies™ Blend Powders: Pomegranate (seed), Plum, Apple, Pear, Beet, Strawberry, Açaí Extract (whole palm fruit), Grape Juice, Cucumber, Tomato, Cherry, Cranberry, Cabbage, Carrot, Cauliflower, Blueberry, Apricot, Orange, Papaya, Pineapple, Asparagus, Broccoli, Brussels Sprout, Celery, Green Bean, Spinach	150 mg **
Choline (as choline bitartrate)	60 mcg **
Inositol	40 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

- **PREMIUM** formula sweetened with tapioca/cane syrups
- **14 vitamins/minerals with choline and inositol**
- **Full B-vitamin complex**
- **Delicious fruit flavors**

If pregnant, nursing or taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No gelatin, dairy, soy, yeast, wheat, peanuts, eggs, artificial flavors or preservatives. Contains tree nuts (coconut).

Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. **Keep out of reach of children.**

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Questions? 1-800-9NATURE / naturesway.com

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LN15817.B01 BLK8760B



Helps support:



Converting food
into Energy*



Heart*



Eyes*



Immunity*



Bones*

**PREMIUM
FORMULA**



Gluten Free • No Gelatin

Alive!

Multi-Vitamin ADULT GUMMIES

Orchard Fruits™ / Garden Veggies™ Blend
of powder/juice/extract (150 mg)

COMPLETE MULTI-VITAMIN SUPPLEMENT 90 GUMMIES