

Lot No:

Best by:


ACTIValoe
chromax®

A multivitamin and multimineral complex that includes key nutrients for women's health such as "coenzymated" B Vitamins for energy metabolism plus Ashwagandha, Chaste Tree Berry and Grape Seed Extracts. ** Max for Women™ uses Country Life's exclusive Maxi-Sorb® delivery system.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

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Directions: Adult females take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 Tablets
 Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids)	5,000 I.U. 100%
Vitamin C (as ascorbic acid, ascorbyl palmitate)	300 mg. 500%
Vitamin D (D2)(as ergocalciferol)	200 I.U. 50%
Vitamin E (as d-alpha-tocopheryl acid succinate)	200 I.U. 66%
Vitamin K (as phytylmenone)	50 mcg. 63%
Thiamin (Vitamin B1)(as thiamine hydrochloride, cocarboxysane chloride)	35 mg. 1,667%
Riboflavin (Vitamin B2)(as riboflavin, riboflavin 5'-phosphate)	25 mg. 1,171%
Niacin (B3)(as nicotinamide, niacin succinate)	100 mg. 2,000%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5'-phosphate, pyridoxine d(5R)-tetrahydrochloride)	100 mg. 5,000%
Folic Acid	800 mcg. 200%
Vitamin B12 (as cobalamin)	300 mcg. 8,333%
Biotin (as d-Biotin)	500 mcg. 1,000%
Pantothenic Acid (as calcium d-pantothenate, pantothenol)	200 mg. 2,000%
Calcium (as calcium hydroxyapatite, calcium d-pantothenate, calcium citrate, calcium phosphate)	100 mg. 10%
Iron (as ferrous succinate)	9 mg. 50%
Phosphorus (as calcium hydroxyapatite, dicalcium phosphate)	41 mg. 4%
Iodine (as iodine)	225 mcg. 150%
Magnesium (as magnesium oxide, magnesium rice chelate, free protein bound††)	300 mg. 75%
Zinc (as zinc monomethionine††)	15 mg. 100%
Selenium (as L-selenomethionine††)	100 mcg. 140%
Copper (as cupric succinate)	5 mg. 50%
Manganese (as manganese citrate††)	5 mg. 250%
Chromium (as chromium picolinate††)	120 mcg. 100%
Molybdenum (as molybdenum citrate)	50 mcg. 67%
Potassium (as potassium citrate)	99 mg. 3%
Inositol (as inositol hexanicolinate)	100 mg.
L-Tyrosine (free form)	100 mg.
Chaste Tree Extract (berry) 4:1	50 mg.
Choline (from 100 mg choline bitartrate)	45 mg.
Ashwagandha Extract 8:1 (root) (1.5% withanolides equal to 0.375 mg)	25 mg.
Grape Seed Extract (providing flavonoid compounds - 95% total polyphenols equal to 237.5 mg)	25 mg.
Grape Skin Extract (25% polyphenols equal to 0.25 mg total polyphenols)	25 mg.
Enzymes (from natural sources)	20 mg.
Protease (from aspergillus oryzae)	618 H.U.
Amylase (from aspergillus oryzae)	216 D.U.
Lipase (from rizopus oryzae)	2,261 U.
Celulase (from trichoderma longibrachium)	2.5 C.U.
Lactase (from aspergillus oryzae)	93.8 Lac.U.
Organic Aloe Vera (ACTVAloe® inner fillet) (leaf)	20 mg.
Betaine (from 20 mg betaine hydrochloride)	15.2 mg.
Mangost Extract (flower) (10% xanthones equal to 1 mg)	10 mg.
Phytase (from aspergillus niger)	10 mg.
Boron (as boron citrate)	1 mg.

* Daily Value not established.

Other ingredients: Cellulose, stearic acid, maltodextrin, cellulose & glycerin coating, silica, starch, magnesium stearate, sunflower oil, silica, natural flavors, vegetable glaze. † Country Life always labels minerals in elemental weight. **CAUTION:** Not to be used during pregnancy. If you are nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC
 160 Vanderbilt Walkway • Peapack, NY 11786 (USA)
 CountryLifeVitamins.com • Product No. 6120

MAX | FOR WOMEN™

Certified Gluten-Free WITH IRON

MULTIVITAMIN & MINERAL COMPLEX

- Includes Ashwagandha, Chaste Tree Berry, and Grape Seed Extracts
- Includes Coenzyme B Vitamins
- Only 2 tablets daily

MAXI-Sorb®
 Delivery System



Dietary Supplement **60** Tablets

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY