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ULTRA VITAMAN™

DAILY MULTI

Premium Performance Formula
For Men

HIGH POTENCY

TIMED RELEASE

180 COATED
CAPLETS

DIETARY SUPPLEMENT

TO REORDER ITEM # 3895

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 90

Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	75 mcg 94%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%
Riboflavin (Vitamin B-2)	50 mg 2,941%
Niacin (as Niacinamide)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%
Biotin	1,000 mcg 333%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate, Calcium Silicate and d-Calcium Pantothenate)	100 mg 10%

Amount Per Serving	%Daily Value
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as Sodium Selenate)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Gluconate)	2 mg 100%
Chromium (as Chromium Picolinate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	72 mcg 96%
Chloride (as Potassium Chloride)	27 mg 1%
Potassium (as Potassium Chloride)	30 mg 1%
Alpha Lipoic Acid	10 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Boron (as Bororganic Glycine)	2 mg *

Amount Per Serving	%Daily Value
Vanadium (as Sodium Metavanadate)	10 mcg *
Ultra Man Amino Blend (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl L-Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	150 mg *
Ultra Man Bio-Active Blend (Pumpkin Seed (<i>Cucurbita pepo</i>), Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Lycopene)	120 mg *
Antioxidant Blend (Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Black Currant (<i>Ribes nigrum</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Resveratrol from (<i>Polygonum cuspidatum</i>) (root), Lutein, Coenzyme Q-10)	120 mg *

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. **Contains <2% of:** Gelatin, Natural Palm Leaf Glaze, Vanillin, Vegetable Magnesium Stearate. Contains milk ingredients.

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

TO REORDER ITEM # 3895
www.puritan.com
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Carefully Manufactured by
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