

04J14N1

Best by:



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Lot No:

Directions: Adults take four (4) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 capsules	
Servings Per Container 30	
Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, retinyl palmitate, natural mixed carotenoids).....	5,000 IU..... 100%
Vitamin C (as calcium ascorbate, ascorbyl palmitate).....	300 mg..... 500%
Vitamin D (as ergocalciferol).....	200 IU..... 50%
Vitamin E (as d-alpha tocopheryl acid succinate).....	200 IU..... 66%
Vitamin K (as phytylphosphonate).....	50 mcg..... 65%
Thiamin (Vitamin B1) (as thiamine hydrochloride).....	25 mg..... 1,667%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5'-phosphate).....	25 mg..... 1,470%
Niacin (as niacinamide, niacin, inositol hexanicotinate).....	50 mg..... 250%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5'-phosphate).....	50 mg..... 2,500%
Folic Acid (as 5-methyltetrahydrofolate).....	800 mcg..... 2,000%
Vitamin B12 (as cyanocobalamin).....	300 mcg..... 8,333%
Biotin (as d-biotin).....	50 mcg..... 100%
Pantothenic Acid (as calcium D-pantothenate, panthothen).....	50 mg..... 100%
Calcium (as calcium hydroxyapatite, calcium ascorbate, calcium citrate, calcium phosphate).....	100 mg..... 10%
Iron (as ferrous succinate).....	9 mg..... 50%
Phosphorus (as calcium hydroxyapatite, dicalcium phosphate).....	28 mg..... 3%
Iodine (as kelp).....	100 mcg..... 67%
Magnesium (as magnesium rice chelate [rice flour based]).....	100 mg..... 25%
Zinc (as zinc monomethionine).....	20 mg..... 133%
Selenium (as L-selenomethionine).....	200 mcg..... 2,86%
Copper (as copper citrate).....	0.5 mg..... 25%
Manganese (as manganese citrate).....	2 mg..... 100%
Chromium (as chromium picolinate).....	200 mcg..... 67%
Molybdenum (as molybdenum citrate).....	50 mcg..... 67%
Potassium (as potassium citrate).....	99 mg..... 3%
Taurine (free form).....	100 mg.....
L-Methionine (free form).....	100 mg.....
L-Lysine (as L-lysine hydrochloride).....	100 mg.....
Inositol (as inositol, inositol hexanicotinate).....	50 mg.....
Rutin (from sophora japonica fruit).....	25 mg.....
Citrus Bioflavonoid complex (citrus spc [leel] (from lemon, orange, grapefruit, hesperidin).....	25 mg.....
Choline (from 50 mg choline bitartrate).....	23 mg.....
Enzyme Blend.....	20 mg.....
Providing:	
Protease from <i>aspergillus oryzae</i>	618 H.U.
Amylase from <i>aspergillus oryzae</i>	212 D.U.
Lipase from <i>rhizopus oryzae</i>	22 L.U.
Cellulase from <i>trichoderma longibrachiatum</i>	25 C.U.
Lactase from <i>aspergillus oryzae</i>	93.81 Lac.U.
Organic Aloe Vera (ACTiVale®) (inner fillet).....	40 mg.....
Betaine (from 20 mg betaine hydrochloride).....	15.2 mg.....
Phytase from <i>aspergillus niger</i>	10 mg.....
Boron (as boron citrate).....	1 mg.....
* Daily Value not established.	

Other ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, starch, silica, maltodextrin.

† Country Life always labels their minerals in elemental weight.

Do not accept if seal is broken. Store between 59°-86° F.

Keep out of the reach of children.

Manufactured by Country Life, LLC

Hauppauge, NY 11788 (USA)

CountryLifeVitamins.com

Product No. 8107

ACTiVale® chromax®

Certified Gluten-Free MULTIVITAMIN & MINERAL COMPLEX

- Includes Vitamins B12, Iron, Amino Acids
- Includes Coenzyme B Vitamins
- Full spectrum digestive Enzyme Blend

MAXI-Sorb®
Delivery System

Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Supplement your Vegan lifestyle with much needed Vitamin B12, amino acids, a full spectrum digestive enzyme blend, 100% Inner fillet Aloe Vera, and "coenzymated" B-Vitamins to support energy metabolism.**
CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Max for Vegans™ uses our exclusive Maxi-Sorb® delivery system. ACTiVale® is a registered trademark of Aloe Corp, Inc. Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

H.U. - Haemoglobin Units
D.U. - Dextrinizing Units
Lac.U. - Lactase Units

C.U. - Cellulase Units
L.U. - Lipase Units

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO WHEAT OR MILK PRESERVATIVES
YES CERTIFIED VEGAN BY THE AVA	NO ARTIFICIAL COLORS OR FLAVORS
YES RECYCLABLE PACKAGING	NO ARTIFICIAL SWEETENERS
YES MANUFACTURING SUPPORTS WIND POWER	
YES KOSHER	

This product has been manufactured at a GMP Registered facility.