

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.

No Artificial Color, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Product No. 3895
B67217 18G

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #3895
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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NUTRITION FROM THE SOURCE™

ULTRA MAN™

DAILY MULTI | HIGH POTENCY

PREMIUM FORMULA FOR MEN

MEN'S HEALTH*

180 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

DIRECTIONS: For adult men, take two (2) caplets daily, preferably with a meal.

Serving Size 2 Caplets
Servings Per Container 90

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Retinyl Acetate and Beta-Carotene)	5,000 IU 100%	Calcium (as Calcium Carbonate, Dicalcium Phosphate, Calcium Citrate, Calcium Silicate and d-Calcium Pantothenate)	100 mg 10%	Inositol (as Bororganic Glycine)	10 mg **
Vitamin C (as Ascorbic Acid)	300 mg 500%	Iodine (as Potassium Iodide)	150 mcg 100%	Boron (as Bororganic Glycine)	2 mg **
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Magnesium (as Magnesium Oxide)	50 mg 13%	Vanadium (as Sodium Metavanadate)	10 mcg **
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%	Zinc (as Zinc Oxide)	15 mg 100%	Ultra Man Amino Blend (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl L-Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	150 mg **
Vitamin K (as Phytonadione)	75 mcg 94%	Selenium (as Sodium Selenate)	200 mcg 286%	Ultra Man Bio-Active Blend (Pumpkin Seed (Cucurbita pepo), Saw Palmetto Extract (Serenas repens) (fruit), Lycopene)	120 mg **
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%	Copper (as Cupric Oxide)	2 mg 100%	Antioxidant Blend (Citrus Bioflavonoid Complex (Citrus limon) (peel), Bilberry Extract (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Grape Seed Extract (Vitis vinifera), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (Aplum graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Resveratrol from (Polygonum cuspidatum) (root), Lutein, Coenzyme Q-10)	120 mg **
Riboflavin (Vitamin B-2)	50 mg 2,941%	Manganese (as Manganese Gluconate)	2 mg 100%		
Niacin (as Nicotinamide)	50 mg 250%	Chromium (as Chromium Picolinate)	200 mcg 167%		
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%	Molybdenum (as Sodium Molybdate)	72 mcg 96%		
Folic Acid	400 mcg 100%	Chloride (as Potassium Chloride)	27 mg 1%		
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%	Potassium (as Potassium Chloride)	30 mg 1%		
Biotin	1,000 mcg 333%	Alpha Lipic Acid	10 mg **		
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%	Choline (as Choline Bitartrate)	10 mg **		

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. Contains -2% of: Gelatin, Natural Palm Leaf Glaze, Vanillin, Vegetable Magnesium Stearate. Contains milk ingredients.

Supplement Facts

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Magnesium (as Magnesium Oxide)	50 mg 13%
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Chloride (as Potassium Chloride)	27 mg 1%
Potassium (as Potassium Chloride)	30 mg 1%
Alpha Lipic Acid	10 mg **
Choline (as Choline Bitartrate)	10 mg **
Inositol	10 mg **
Boron (as Bororganic Glycine)	2 mg **
Vanadium (as Sodium Metavanadate)	10 mcg **
Ultra Man Amino Blend (L-Taurine, L-Glutamine, L-Arginine, L-Valine, L-Cysteine, L-Leucine, N-Acetyl L-Carnitine Hydrochloride, L-Isoleucine, L-Carnitine, L-Methionine)	150 mg **
Ultra Man Bio-Active Blend (Pumpkin Seed (Cucurbita pepo), Saw Palmetto Extract (Serenas repens) (fruit), Lycopene)	120 mg **
Antioxidant Blend (Citrus Bioflavonoid Complex (Citrus limon) (peel), Bilberry Extract (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Black Currant (Ribes nigrum) (fruit), Grape Seed Extract (Vitis vinifera), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (Aplum graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Resveratrol from (Polygonum cuspidatum) (root), Lutein, Coenzyme Q-10)	120 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Stearic Acid. Contains -2% of: Gelatin, Natural Palm Leaf Glaze, Vanillin, Vegetable Magnesium Stearate. Contains milk ingredients.

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MEN'S HEALTH*

180 COATED CAPLETS
DIETARY SUPPLEMENT

TIMED RELEASE

Supports Energy Metabolism*

Sexual Health*

Immune Health*

FULL SPECTRUM MULTI-NUTRIENT

Each serving supplies a complete spectrum of vitamins, minerals, herbs, plant nutrients and other important factors to meet your daily nutritional needs. Ultra Man™ is specifically designed to support a man's most important health concerns, including immune system health, nervous system health, heart health, sexual health, bone strength and more.*

ENERGY METABOLISM SUPPORT

A synergistic blend of the most important nutrients for carbohydrate, fat and protein metabolism such as Chromium, Zinc, Magnesium and several B Vitamins.* These essential nutrients support energy metabolism by helping your body convert food to energy.*

IMMUNE & NERVOUS SYSTEM HEALTH

The B Vitamin Complex is made up of several essential nutrients that work well together to support nervous system health and overall well-being.* Taken every day, our high-potency B-complex provides nourishment for the occasional stress of daily living.* Essential nutrients such as Zinc and Vitamin C support immune health.*

ANTIOXIDANT SUPPORT

Antioxidants including Beta-Carotene, Vitamin C and Selenium work to neutralize harmful free radicals which can be produced from multiple factors, including daily living.* Excessive free radicals can damage cell membranes in the body.

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