

BODY FORTRESS® BUILDS THE FOUNDATION FOR YOUR TRAINING ROUTINE WITH PRODUCTS DESIGNED TO DELIVER RESULTS WITH NO ADDED HYPE. THAT'S WHY WE DESIGNED 100% PURE CREATINE HCL, TO DELIVER JUST THAT; ONLY 750MG OF PURE CREATINE HCL IN EACH SCOOP. OUR HIGHLY CONCENTRATED FORMULA REQUIRES NO LOADING, NO CYCLING AND CONTAINS A WHOPPING 100 SERVINGS PER BOTTLE. THAT'S MORE THAN DOUBLE THE AMOUNT OF SERVINGS FOUND IN CERTAIN COMPETITIVE BRANDS.

-  NO LOADING AND NO CYCLING NECESSARY
-  CONTAINS ZERO ASPARTAME - ZERO GLUTEN - ZERO GIMMICKS

FOR MAXIMUM BENEFIT, TAKE 1 SCOOP (1 g) PER 100 LBS. OF BODY WEIGHT PRIOR TO YOUR WORKOUT. FOR EVEN MORE INTENSE TRAINING SESSIONS, STACK 100% PURE CREATINE HCL WITH OUR ELITE PRE-WORKOUT INTENSIFIER, SUPER NOS BLAST.

ON NON-TRAINING DAYS, TAKE YOUR DAILY SERVING WITH YOUR LARGEST MEAL.

Directions: For adults, take one (1) rounded scoop (1g) prior to working out with 4-6 ounces of water. Creatine should be consumed within 10 minutes after mixing. As a reminder, discuss the supplements and medications you take with your health care providers.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.



For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.



100% PURE
CREATINE
HYDROCHLORIDE
HIGHLY CONCENTRATED FORMULA



LEMON LIME
Naturally Flavored

750mg | **100**
CREATINE | SERVINGS

DIETARY SUPPLEMENT Net Wt. 3.52 oz. (100 g)

Supplement Facts

Serving Size 1 Scoop (1 g)
Servings Per Container 100

Amount Per Serving	%Daily Value
Creatine HCl	750mg *

*Daily Value not established.

Other Ingredients: Natural Flavors, Sucralose.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Contents are sold by weight. Some settling may occur.



Carefully Manufactured for
United States Nutrition, Inc.
Bohemia, NY 11716 U.S.A.
1-800-215-5980

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Manufactured according to cGMP standards as it is required for all dietary supplements.



GLUTEN FREE



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Part No. 30-41182



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